

*RECRUITMENT
TOTAL*

14

*FOLLOW-UPS
COMPLETED*

8

*MONTHS
REMAINING*

16

TRIAL SUMMARY


- High blood pressure affects more than 75% of patients with very recent stroke and is associated with increased disability and death.
- This suggests that lowering blood pressure (BP) may help to improve patient outcomes, but the best way to do this is unclear.
- Evidence that lowering BP with glyceryl trinitrate (GTN) given as a patch has variable effects on patient outcomes depending on timing.
- In our previous trial (ENOS), one of the subgroups suggested that GTN was beneficial to patients when given 2-6 hours after their stroke.
- ENOS-2 is a small pilot trial, including 120 participants who will receive either a GTN or dummy patch 3-5 hours after stroke, with a second patch the following morning.
- We will assess whether we can recruit patients in this delayed and narrow time-window. We will also assess the effect of GTN vs dummy patch on BP in hospital and disability/death 3 months later.
- If we show that it is possible to recruit in this time-window and the trial supports earlier results then we will seek funding for a larger definitive trial.
- GTN is inexpensive so could be an ideal intervention for use in the UK and beyond to help improve patient outcomes after stroke.



***to all researchers and patients involved in the
ENOS-2 trial!***

29th Nov - 1st Dec - We will be at the UK Stroke Forum in Liverpool!

Contact us

 0115 823 1770

 <https://stroke.nottingham.ac.uk/enos-2/>

 enos-2@nottingham.ac.uk

 @enos2trial

