

*RECRUITMENT
TOTAL*

21

*FOLLOW-UPS
COMPLETED*

14

*MONTHS
REMAINING*

13

Happy
New Year!
**to everyone involved in the ENOS-2 trial!
We wish you all the best for 2023!**

A huge THANK YOU and WELL DONE
to the research team who have
recruited **5 participants in less than
4 weeks!**

WELCOME to the Research Rapid Response Team (RRRT)

The RRRT are a multi-skilled team of experienced research nurses, clinical research practitioners and administrative support specialists who provide fast and flexible support to research studies within NUH. The team are assisting the Stroke Research Team with the ENOS-2 trial and we would like to say a huge welcome and thank you for their help!



Please consider patients for the ENOS-2 trial **before** prescribing open-label GTN for blood-pressure management prior to thrombolysis. Consider using labetalol as an alternative.

MEET THE TEAM!

Over the next few newsletters, we will be introducing you to some of the team members behind the ENOS-2 trial!



"I joined the Stroke Trials Unit in June 2021 as a Follow up Coordinator and have worked on several trials including ENOS-2, DASH, FINE-ST, and RECAST-3. My role within the ENOS-2 team is to conduct follow up assessments with participants or their next of kin three months after they consented to take part in the trial. This enables us to find out how things may have changed during this time. Prior to joining the Stroke Trials Unit, I completed a PhD in exercise and cardiovascular physiology, and I have previously worked as a physiologist in private healthcare clinics. I have enjoyed speaking with ENOS-2 participants over the last year and I look forward to continuing assisting with the delivery of this important trial until its completion."

Dr Jen Craig, Follow-up Coordinator



"I work as part of the stroke research team that look to see if patients are eligible to be recruited in the ENOS-2 study when they are admitted to hospital. All studies have a series of inclusion and exclusion criteria based on health, wellbeing and medications and I help to check these along with the doctor in charge of the patients care. If a patient is potentially eligible to take part in the study, then I help to tell them about the study and what it will involve for them by providing verbal and written information. I will also try to answer questions that patients may have about the study and if I am unable to answer, I will ask the doctor to help. If a patient decides to take part in the ENOS-2 trial then I support them, along with the doctors to complete the consent paperwork and ensure that everything is documented in the patients' medical record. These processes ensure that patients are given all the necessary information to make a fully informed decision about whether the study is right for them or not and that everyone involved in their care is aware of the study and what it involves. Where a patient decides to go ahead with the study then I will get the study medication or placebo (a dummy drug) and pass it along to the nursing staff to administer to the patient. Part of the role also involves completing the study questions with patients at various time points. Patients can also have blood samples taken as part of the trial if they consent to do so and I help to take and process these blood samples then store them securely until they are ready to be analysed. The role involves other tasks that do not directly involve patients but that are necessary to ensure the study runs smoothly. This includes working with a special area of pharmacy that deals with research studies only to ensure that the trial medication or placebo is always available and is stored at the correct temperature. The stroke research team also help to implement any changes to the study documents so that patients receive the most up to date information about the trial."

Amanda Hedstrom, Senior Research Coordinator



"My role is to develop and support web applications and databases for clinical trials, primarily relating to stroke research."

Lee Haywood, Web Application/Database Programmer

Contact us



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Efficacy of Nitric Oxide in Stroke-2