

Appendix D. Feeding status scale (FSS)

Table 1. The Feeding Status Scale.

Intake route	Score	Level	Includes	Excludes
Oral	1	Normal	<ul style="list-style-type: none"> Regular oral diet (L7/L7 easy chew). Normal oral fluids (L0). Non-oral feeding route may be in situ, but is not required to maintain nutrition. 	<ul style="list-style-type: none"> Tastes/oral trials of selected diet/fluids. Managing some oral intake but requires non-oral supplementation to maintain nutrition.
	2	Soft	<ul style="list-style-type: none"> Modified oral diet (L6 or below). Oral fluids – normal or modified (L0-L4). Non-oral feeding route may be in situ, but is not required to maintain nutrition. 	<ul style="list-style-type: none"> Tastes/oral trials of selected diet/fluids. Managing some oral intake but requires non-oral supplementation to maintain nutrition.
Non-oral	3	NGT	<ul style="list-style-type: none"> Nasogastric tube feeding required to maintain nutrition. May receive oral fluids – normal or modified (Lo-L4). May receive tastes/oral trials of diet. 	<ul style="list-style-type: none"> Awaiting NGT placement/tube removed. Meeting nutritional requirements through oral intake.
	4	PEG	<ul style="list-style-type: none"> Percutaneous endoscopic gastrostomy feeding required to maintain nutrition. May receive oral fluids – normal or modified (Lo-L4). May receive tastes/oral trials of diet. 	<ul style="list-style-type: none"> Awaiting PEG placement. Meeting nutritional requirements through oral intake.
	5	IV/Subcut fluids	<ul style="list-style-type: none"> Non-oral supplemented fluid intake. May receive oral fluids – normal or modified (Lo-L4). May receive tastes/oral trials of diet. 	<ul style="list-style-type: none"> Meeting nutritional requirements through oral intake. Other route of non-oral feeding in situ.
	6	Nothing	<ul style="list-style-type: none"> May receive tastes/free water protocol for comfort. May be awaiting placement of PEG/NGT. 	<ul style="list-style-type: none"> Meeting nutritional requirements through oral intake. Non-oral feeding in situ.
	7	Death		<ul style="list-style-type: none">

Total score out of 7 (range 1 – 7). Death is assigned 7.