

Appendix K. Zung Depression rating Scale (short ZDS)

With scores: Most of time	Seldom or never	Some of the time	Good part of time	
I feel down-hearted and blue	1	2	3	4
I have trouble sleeping at night	1	2	3	4
Morning is when I feel best	4	3	2	1
I can eat as much as I used to	4	3	2	1
I get tired for no reason	1	2	3	4
I find it difficult to make decisions	1	2	3	4
I feel hopeful about the future	4	3	2	1
I feel that I am useful and needed	4	3	2	1
My life is somewhat empty	1	2	3	4
I still enjoy the things I used to do	4	3	2	1

Short Zung IDS Index = $100 \times \text{Total} / 40$. Depression => 70. Death is assigned 102.5.

See ^{53,56,57}