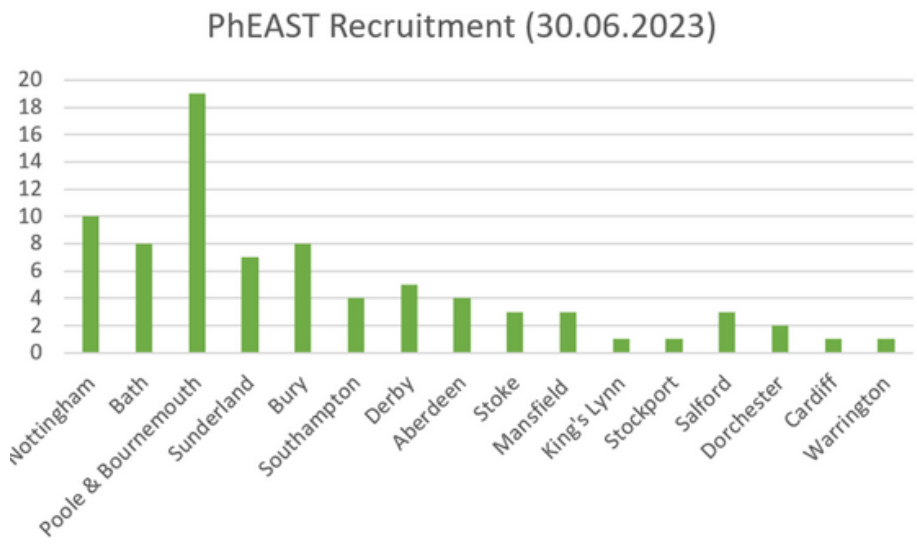
PHEAST NEWSLETTER | JUNE 2023
PHEAST@NOTTINGHAM.AC.UK

Pharyngeal Electrical stimulation for Acute Stroke dysphagia Trial

PhEAST

Milestone Update

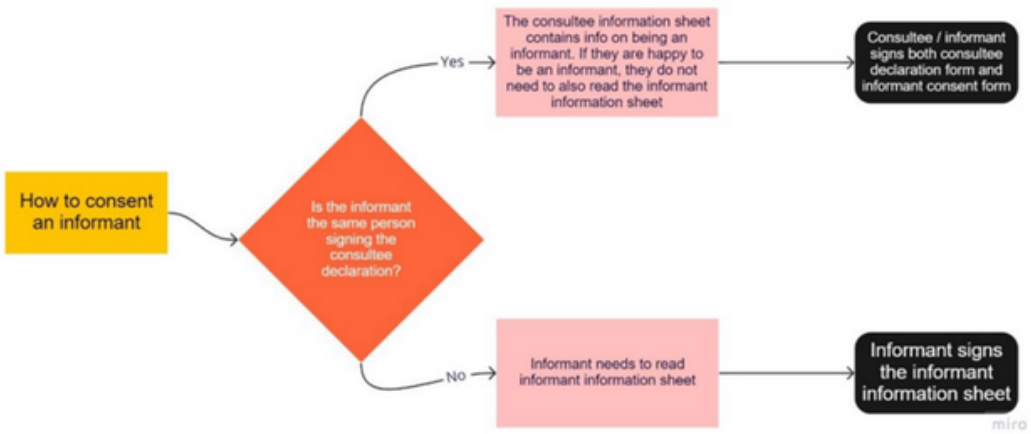


Well done to all our recruiting sites in June, and our newly opened sites Warrington & Leeds.
80 participants and 17 open sites!

Meet the team!

I joined the Stroke Trials Unit in June 2021 as a Follow up Coordinator and have worked on several trials over the last two years. My role within the PhEAST team is to conduct follow up assessments with participants or their next of kin 3, 6 and 12 months after they consented to take part in the trial. This enables us to find out how things may have changed during these periods of time. Prior to joining the Stroke Trials Unit, I completed a PhD in exercise and cardiovascular physiology, and I have previously worked as a physiologist in private healthcare clinics. I have enjoyed speaking with PhEAST participants and their relatives over the last year and I look forward to continuing assisting with the delivery of this important trial until its completion.
Dr Jennifer Craig - Follow Up Coordinator

Informant Consent



Informants fill in the IQCODE CRF and give us valuable information on the participant's cognition.
There is separate consent for an informant (see flow chart)
Accruals will not count towards the main trial target but will be awarded
The trial team are currently working out the logistics of this and will let you know once you are able to input them to your LPMS!

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FAQs

Q: If a very recent VFS shows that a bedside assessment would be unsafe for a participant, how do we go about completing day 14?

A: Give the blinded SLT all relevant history, current recommendations and the results of the VFS / FEES and from that they can complete the DSRS and other SLT scales.

Q: How do we score the DSRS supervision for those who are on trials?

A: DSRS supervision score is always a 3 if a participant is on trials (whether this is limited or consistent amount).

Q: How do we get a new member of staff access to the delegation log?

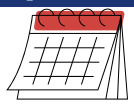
A: They must read the latest SIV slides (found on the website) and sign the training log. Send this to the trial team who can request delegation log access. If they are going to be a treater they will also need Phagenyx device training prior to completing any treatments.

ust be uploaded within 24 hours of consent for the central trial team to review.

Best Practice Tips

- **Research teams and Speech and Language teams should work closely together to identify and screen potential PhEAST participants**
- **Ask ward nurses and Drs to attend the catheter portion of the Phagenyx device training - this will come in handy if they are inserting catheters for you!**
- **Contact the trial team if you have any eligibility queries (or general queries) - we're more than happy to help!**
- **Input the data into the E-CRF as soon as possible after completion on paper as this is continuously monitored**

Upcoming Events



PhEAST - Investigator Meeting - Wednesday 19th July 12.30pm -1.30pm BST

Amendments:

SA/07/23
Approved 25/04/2023
FOIS 3 to be included for entirety of enrolment window (days 4-31), use of independent physician consent allowed (if there is no NoK)

NSA/16/23
Approved 19/05/2023
Addition of two new sites and collection of discharge medication

NSA/16/23
Approved 15/06/2023
Addition of two new sites and change of PI at one site

Please ensure you are using the latest paperwork which can be found:
https://stroke.nottingham.ac.uk/pheast/docs/

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