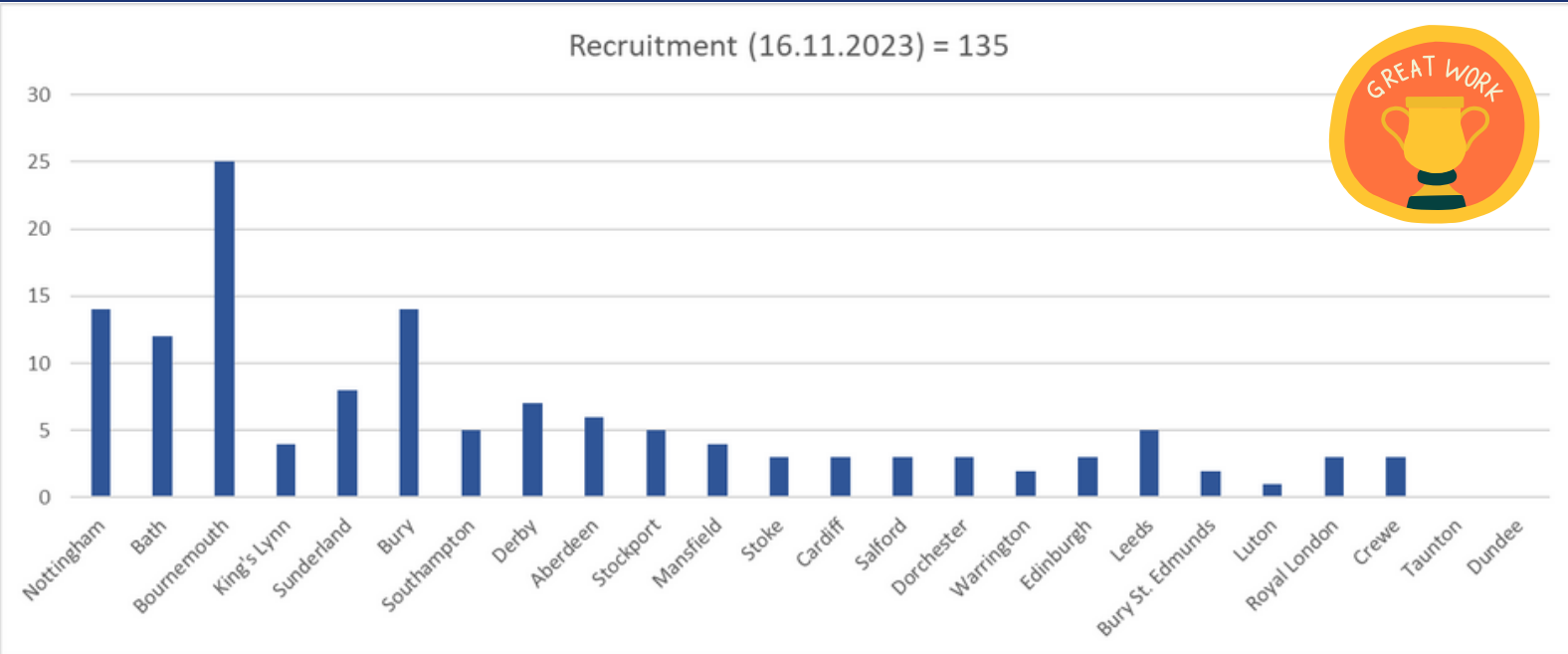


Pharyngeal Electrical stimulation for Acute Stroke dysphagia Trial PhEAST

Recruitment Update



14 patients were recruited in October - this was our second-highest recruiting month to date!

14 patients have already been recruited in November, taking us to 135 total - thank you to all sites involved!

 Help us achieve 150 by Christmas!

Site Update

Congratulations to Musgrove Park Hospital, Taunton and Ninewells Hospital, Dundee for becoming our **23rd** and **24th** open sites, respectively!

CONGRATS!!



Pharyngeal Electrical stimulation for Acute Stroke dysphagia Trial

PhEAST

Protocol Update - SA/08/23

Protocol **v8.0** (15/10/2023) is now **LIVE!**

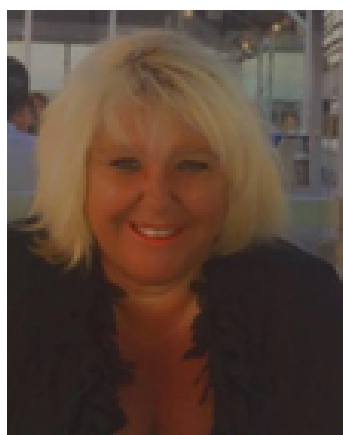
UPATED Inclusion:

Patients are now eligible **2-31** days post-stroke.

NEW Exclusion:

- 1) Presence of pharyngeal pouch.
- 2) Investigator believes dysphagia will be short-term.

Meet the Team!



“Hi, I’m Sharon, I am a qualified nurse with over 26 years of experience of working within the NHS. In 2007 I joined the field of stroke research, working for Prof. Bath and his team, working on UK & international trials, as the follow up / international coordinator.

I now work as a follow up coordinator in the Nottingham Stroke Trials Unit (STU), spending lots of time speaking to your participants, carers, & NHS staff, which I enjoy enormously. I look forward to speaking with you in the course of my work. Thank you for all that you do!”

Working Lunches

If you have not already, schedule a working lunch between the research team and SLTs. Use this as an opportunity to talk about the study - this may help boost your recruitment!



Remember to send us your working lunch receipts ➡ pheast@nottingham.ac.uk

Reminders!

- Use mittens and a **12F** bridle to secure the PhEAST catheter!
- Blinded assessors **must** be trained on the trial and on the delegation log!
- Nominate a blinded assessor at the time of patient enrolment (and have a back-up assessor if the nominated SLT is unavailable on day-14)!