

Pharyngeal Electrical stimulation for Acute Stroke dysphagia Trial

PhEAST

Recruitment Update - 12 Participants

- Poole & Bournemouth - University Hospitals Dorset - 5 Participants
- Nottingham - Queen's Medical Centre - 3 Participants
- Bath- Royal United Hospitals Bath - 2 Participants
- Sunderland - South Tyneside and Sunderland NHS Foundation Trust - 2 Participants

Recent Green Lights



Derby - Royal Derby Hospital

PhEAST Investigator Meeting - FAQs

Thank you to all who attended the PhEAST Investigator Meeting, here were some of the questions asked:

Do we need to collect the cognition data before randomising?

Ideally yes, so all CRFs are complete. If unable to do before randomisation, please complete as soon as possible afterwards.

We are struggling to find enough staff to maintain blinding

Perhaps use other SLTs on other wards who are neuro trained or someone from another hospital within the trust There are different models used in different sites and the trial team can discuss this with you further at feasibility meetings - please also see WPD 008 blinding for more advice.

How do I know when I've reached the tolerability level for a participant?

We are looking for non-verbal signals, as opposed to asking the participant at each level. It is important that the maximum current possible is supplied to the patient for maximum benefit. What we do know from previous trials if we under treat then this method does not appear to work. So we suggest aim for as high current as possible and try not to ask 'how is it' or 'does it hurt?' and look for non-verbal responses instead. This will also be covered during your Phagenesis face to face training.

Reminders

- FOIS Sore must be 1 or 2 for inclusion into PhEAST (see trial manual for how to score)
- Patients with COVID-19 are eligible, as long as they do not require more than 35% oxygen
- Please screen daily, and approach as soon as possible to **increase** recruitment into PhEAST

Amendments:

SA/02/22 - Approved 28/07/2022

This amendment is the addition of the cognition sub-study into the PhEAST protocol.

SA/02/22 - Approved 09/08/2022

Relevant to *Scottish* sites only - new patient facing paperwork to reflect the cognition sub-study

Please ensure you are using the latest paperwork which can be found:

- <https://stroke.nottingham.ac.uk/pheast/docs/>

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