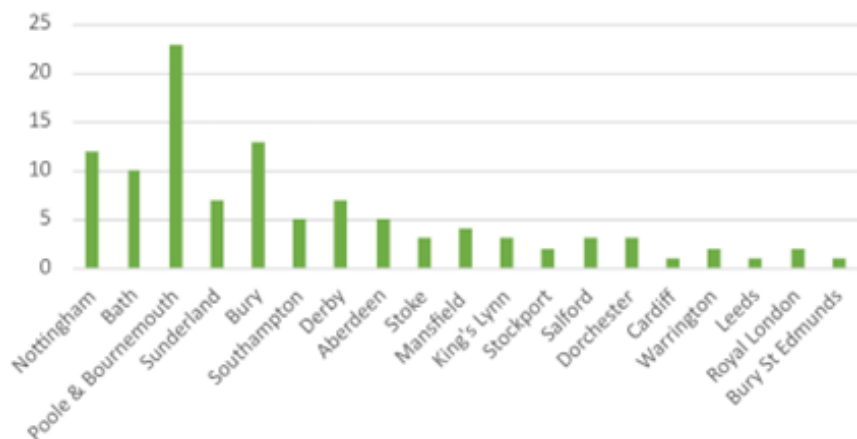


# Pharyngeal Electrical stimulation for Acute Stroke dysphagia Trial

## PhEAST

### MILESTONE UPDATE

PhEAST Recruitment (30.09.23)



**22 OPEN SITES**  
**107 PARTICIPANTS**

**WELL DONE TO ALL OF OUR RECRUITING SITES IN SEPTEMBER, AND TO OUR NEWLY OPENED SITES IN BURY ST EDMUNDS AND CREWE!**

**CONGRATS!!**

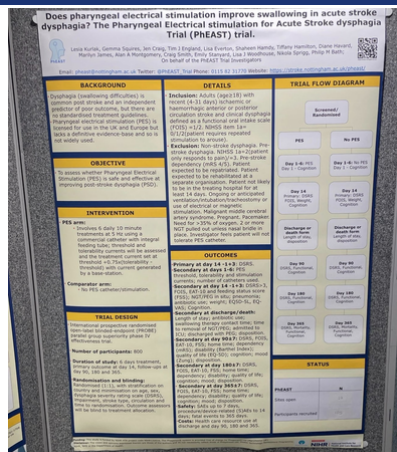
### MEET THE TEAM



**"HI I'M KENNEDY, I'VE BEEN WORKING FOR THE STU AS A RESEARCH COORDINATOR FOR NEARLY 2 MONTHS NOW! I COMPLETED MY MSc IN COGNITIVE AND CLINICAL NEUROSCIENCE LAST YEAR AND AM HOPING TO LEARN AS MUCH AS I CAN ABOUT STROKE THROUGH THIS ROLE! I'VE HAD A FEW ROLES PREVIOUSLY AS RESEARCH ASSISTANTS/ASSOCIATE AND AM LOVING LEARNING ALL ABOUT THE PHEAST TRIAL AS WELL AS WORKING ON THE TICH-3 INTERNATIONAL TEAM AND A LITTLE BIT ON ENOS-2 ALSO."**

**KENNEDY CADMAN, RESEARCH COORDINATOR**

### CONFERENCES



**WE PRESENTED OUR PHEAST POSTER AT THE UK STROKE WORKSHOP IN LONDON THIS MONTH - IT WAS GREAT TO SEE SOME OF YOU THERE!**

### SCREENING / RECRUITMENT

**RESEARCH TEAMS AND SPEECH & LANGUAGE TEAMS SHOULD WORK TOGETHER TO IDENTIFY, SCREEN AND RECRUIT PATIENTS INTO THE STUDY AS EARLY INTO THE 4-31 DAY PERIOD AS POSSIBLE.**

**KEEP AN EYE ON PATIENTS WHO MAY BECOME ELIGIBLE, AND LET US KNOW OF ANY STUDIES THAT ARE IMPACTING RECRUITMENT SO WE CAN EXPLORE CO-ENROLMENT.**

**REMEMBER TO BOOK IN YOUR WORKING LUNCHES, THIS IS A GREAT OPPORTUNITY FOR THE TEAMS TO MEET ONE ANOTHER, AND DISCUSS HOW TO ENSURE THE SMOOTH RUNNING OF PHEAST LOCALLY!**

**GET IN TOUCH WITH THE TRIAL TEAM IF YOU HAVE ANY ELIGIBILITY QUERIES AT ALL - WE'RE MORE THAN HAPPY TO HELP**

# Pharyngeal Electrical stimulation for Acute Stroke dysphagia Trial

## PhEAST

### FAQS

**Q: PIF A PARTICIPANT HAS A VFS / FEES JUST BEFORE THE DAY 14 FOLLOW UP, CAN THE BLINDED SLT KNOW THE OUTCOME?**

**A: YES, BUT THIS INFO SHOULD BE COMMUNICATED VIA A VERBAL HANDOVER BY THE UNBLINDED SLT.**

**Q: IF I HAVE RECEIVED PHAGENYX TRAINING, CAN I GO ON TO TRAIN ANOTHER STAFF MEMBER ON USE OF THE DEVICE?**

**A: NO - ALL DEVICE TRAINING MUST BE DELIVERED BY A PHAGENESIS REPRESENTATIVE. IF YOU HAVE ADDITIONAL TRAINING NEEDS PLEASE GET IN TOUCH WITH THE TRIAL TEAM.**

**Q: WHAT IF THE BLINDED ASSESSOR BECOMES UNBLINDED?**

**A: SEE IF THERE IS ANOTHER AVAILABLE BLINDED ASSESSOR TO DO THE BEDSIDE ASSESSMENT. IF NO ONE ELSE AVAILABLE, THE BEDSIDE ASSESSMENT CAN BE DONE BY AN UNBLINDED ASSESSOR BUT PLEASE NOTE THEY BECAME UNBLINDED AND REASON FOR BECOMING UNBLINDED.**

**Q: WHAT HAPPENS IF I CAN'T FIND AN INFORMANT FOR THE PARTICIPANT?**

**A: THE IQCODE (PART OF THE COGNITION SUB-STUDY) SHOULD NOT BE COMPLETED AND LEFT BLANK IN THE DATABASE.**

### BEST PRACTICE TIPS

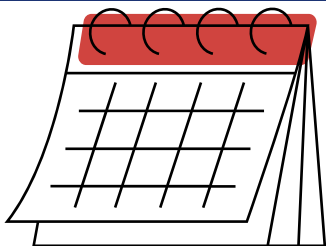
**PES TREATMENT SHOULD START ON THE SAME DAY AS RANDOMISATION, OR DAY AFTER IF NECESSARY ENSURE YOU HAVE ALL OF THE LATEST TRIAL DOCUMENTS - THERE IS A VERSION CONTROL TABLE ON THE PHEAST DOCUMENTS PAGE**

**PLEASE ENSURE DATA IS ENTERED INTO THE E-CRF IN A TIMELY MANNER, AS THE DATABASE IS CONTINUOUSLY MONITORED**

**CONTACT THE TRIAL TEAM IF YOU HAVE ANY ELIGIBILITY QUERIES (OR GENERAL QUERIES) - WE'RE MORE THAN HAPPY TO HELP!**

**ENSURE THE NAMES OF THE BLINDED ASSESSORS ARE RECORDED WITHIN THE E-CRF**

### UPCOMING EVENTS



**PHEAST - INVESTIGATOR MEETING DATES:**  
**WEDNESDAY 18TH OCTOBER 12.30PM - 1.30PM**  
**TUESDAY 14TH NOVEMBER 12.30PM - 1.30PM**  
**THURSDAY 7TH DECEMBER 12.30PM - 1.30PM**

**IF YOU HAVE ANY TRAINING REQUESTS FOR THESE INVESTIGATOR MEETINGS, PLEASE GET IN TOUCH WITH THE TRIAL TEAM**

### AMENDMENTS

**SA/07/23**

**APPROVED 25/04/2023**

**FOIS 3 TO BE INCLUDED FOR ENTIRETY OF ENROLMENT WINDOW (DAYS 4-31), USE OF INDEPENDENT PHYSICIAN CONSENT ALLOWED (IF THERE IS NO NOK)**

**PLEASE ENSURE YOU ARE USING THE LATEST PAPERWORK WHICH CAN BE FOUND:**

**[WWW.STROKE.NOTTINGHAM.AC.UK/PHEAST/DOCS](http://WWW.STROKE.NOTTINGHAM.AC.UK/PHEAST/DOCS)**

### CONTACT

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