

### **East of England - Essex Research Ethics Committee**

The Old Chapel Royal Standard Place Nottingham NG1 6FS

Please note: This is the favourable opinion of the REC only and does not allow the amendment to be implemented at NHS sites in England until the outcome of the HRA assessment has been confirmed.

17 March 2022

Prof Philip Bath
Professor of Stroke Medicine
University of Nottingham
Stroke Trials Unit, Mental Health & Clinical Neurosciences
University of Nottingham,
D Floor, South Block, Queen's Medical Centre, Derby Rd. Nottingham
NG7 2UH

Dear Prof Bath

Study title: Pharyngeal Electrical stimulation for Acute Stroke

dysphagia Trial (PhEAST)

REC reference: 21/EE/0252
Protocol number: 21068
Amendment number: SA 01 22

Amendment date: 25 February 2022

IRAS project ID: 304658

The above amendment was reviewed by the Sub-Committee in correspondence.

#### **Ethical opinion**

The members of the Committee taking part in the review gave a favourable ethical opinion of the amendment on the basis described in the notice of amendment form and supporting documentation.

#### **Approved documents**

The documents reviewed and approved at the meeting were:

Document	Version	Date
Completed Amendment Tool [304658_SA_01_22]	1.6	25 February 2022
Other [PhEAST Appendix L Austrian Consent Procedure V1.0 20220224]	1.0	24 February 2022
Research protocol or project proposal [PhEAST Protocol Draft v1.0 Final v3.0_20220225_clean]	3.0	25 February 2022
Research protocol or project proposal [PhEAST Protocol Draft v1.0 Final v3.0_20220225_tracked_changes]	3.0	25 February 2022

### **Membership of the Committee**

The members of the Committee who took part in the review are listed on the attached sheet.

## **Working with NHS Care Organisations**

Sponsors should ensure that they notify the R&D office for the relevant NHS care organisation of this amendment in line with the terms detailed in the categorisation email issued by the lead nation for the study.

#### **Amendments related to COVID-19**

We will update your research summary for the above study on the research summaries section of our website. During this public health emergency, it is vital that everyone can promptly identify all relevant research related to COVID-19 that is taking place globally. If you have not already done so, please register your study on a public registry as soon as possible and provide the HRA with the registration detail, which will be posted alongside other information relating to your project.

#### Statement of compliance

The Committee is constituted in accordance with the Governance Arrangements for Research Ethics Committees and complies fully with the Standard Operating Procedures for Research Ethics Committees in the UK.

#### **HRA Learning**

We are pleased to welcome researchers and research staff to our HRA Learning Events and online learning opportunities— see details at: <a href="https://www.hra.nhs.uk/planning-and-improving-research/learning/">https://www.hra.nhs.uk/planning-and-improving-research/learning/</a>

IRAS Project ID - 304658:

Please quote this number on all correspondence

Yours sincerely

PP

Tracy Hamrang

Dr Niki Bannister Chair E-mail: Essex.REC@hra.nhs.uk

List of names and professions of members who took part in the review Enclosures:

Copy to: Ms Angela Shone

# East of England - Essex Research Ethics Committee

# Attendance at Sub-Committee of the REC meeting on 21 March 2022

# **Committee Members:**

Name	Profession	Present	Notes
Dr Niki Bannister (Chair)	Retired Hospital Doctor	Yes	
Ms Sarah Starr	Senior Nurse	Yes	

# Also in attendance:

Name	Position (or reason for attending)
Ms Tracy Hamrang	Approvals Administrator