

**East of England - Essex Research Ethics Committee**

2 Redman Place  
London  
EC20 1 JQ

05 December 2023

Prof Philip Bath  
Professor of Stroke Medicine  
University of Nottingham  
Stroke Trials Unit, Mental Health & Clinical Neurosciences  
University of Nottingham,  
D Floor, South Block, Queen's Medical Centre, Derby Rd. Nottingham  
NG7 2UH

Dear Prof Bath

<b>Study title:</b>	<b>Pharyngeal Electrical stimulation for Acute Stroke dysphagia Trial (PhEAST)</b>
<b>REC reference:</b>	<b>21/EE/0252</b>
<b>Protocol number:</b>	<b>21068</b>
<b>Amendment number:</b>	<b>SA_09_23</b>
<b>Amendment date:</b>	<b>21 November 2023</b>
<b>IRAS project ID:</b>	<b>304658</b>

The above amendment was reviewed at the meeting of the Sub-Committee held on 04 December 2023 via correspondence.

**Ethical opinion**

The members of the Committee taking part in the review gave a favourable ethical opinion of the amendment on the basis described in the notice of amendment form and supporting documentation.

**Approved documents**

The documents reviewed and approved at the meeting were:

<i>Document</i>	<i>Version</i>	<i>Date</i>
Completed Amendment Tool [SA_09_23 Amendment tool]	1.6	21 November 2023
Research protocol or project proposal [PhEAST Protocol v9.0 (tracked-changes)]	9.0	21 November 2023
Research protocol or project proposal [PhEAST Protocol v9.0 (clean)]	9.0	21 November 2023

## Membership of the Committee

The members of the Committee who took part in the review are listed on the attached sheet.

## Working with NHS Care Organisations

Sponsors should ensure that they notify the R&D office for the relevant NHS care organisation of this amendment in line with the terms detailed in the categorisation email issued by the lead nation for the study.

## Amendments related to COVID-19

We will update your research summary for the above study on the research summaries section of our website. During this public health emergency, it is vital that everyone can promptly identify all relevant research related to COVID-19 that is taking place globally. If you have not already done so, please register your study on a public registry as soon as possible and provide the HRA with the registration detail, which will be posted alongside other information relating to your project.

## Statement of compliance

The Committee is constituted in accordance with the Governance Arrangements for Research Ethics Committees and complies fully with the Standard Operating Procedures for Research Ethics Committees in the UK.

## HRA Learning

We are pleased to welcome researchers and research staff to our HRA Learning Events and online learning opportunities– see details at: <https://www.hra.nhs.uk/planning-and-improving-research/learning/>

<b>IRAS Project ID - 304658:</b>	<b>Please quote this number on all correspondence</b>
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Yours sincerely  
pp.



(Richard Reed)

**Dr Niki Bannister**  
**Chair**

E-mail: Essex.REC@hra.nhs.uk

*Enclosures: List of names and professions of members who took part in the*

*review*

Copy to: *Mr Ali Alshukry*

**East of England - Essex Research Ethics Committee**

**Attendance at Sub-Committee of the REC meeting  
on 04 December 2023 via correspondence**

**Committee Members:**

<i>Name</i>	<i>Profession</i>	<i>Present</i>	<i>Notes</i>
Dr Niki Bannister (Chair)	Retired Hospital Doctor	Yes	
Dr Mark Whiting	Consultant Nurse, Children's Specialist Services	Yes	

**Also in attendance:**

<i>Name</i>	<i>Position (or reason for attending)</i>
Ms Ana Duarte (observing only)	Clinical Research Practitioner
Mr Richard Reed	Approvals Administrator