

Easy read  
participant  
information on  
PES treatment

Created by,  
and for, the  
PhEAST trial

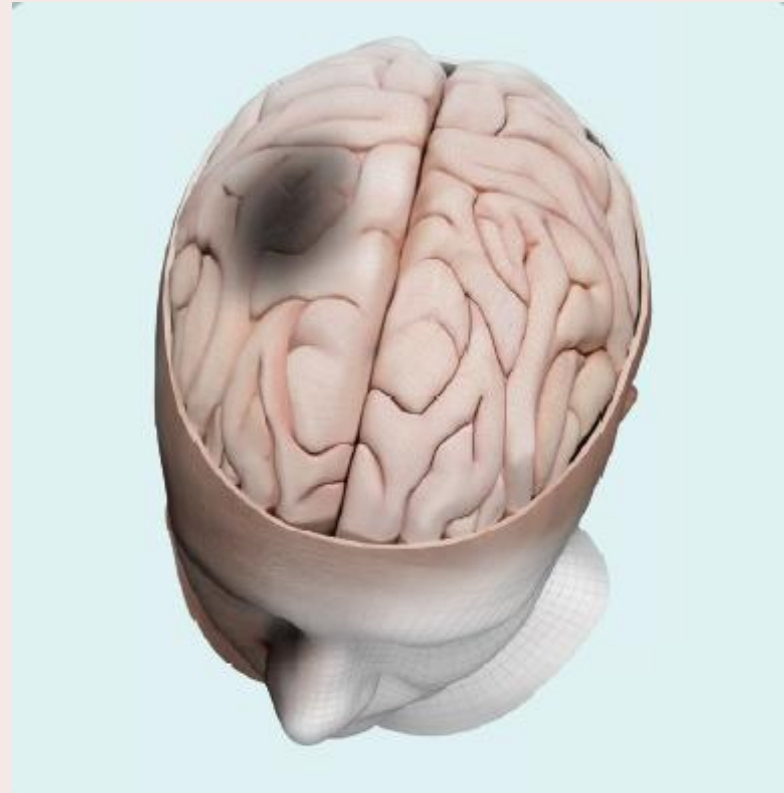




The brain controls  
swallowing.

A stroke causes  
damage to the  
brain.

This damage can  
cause  
swallowing  
problems.



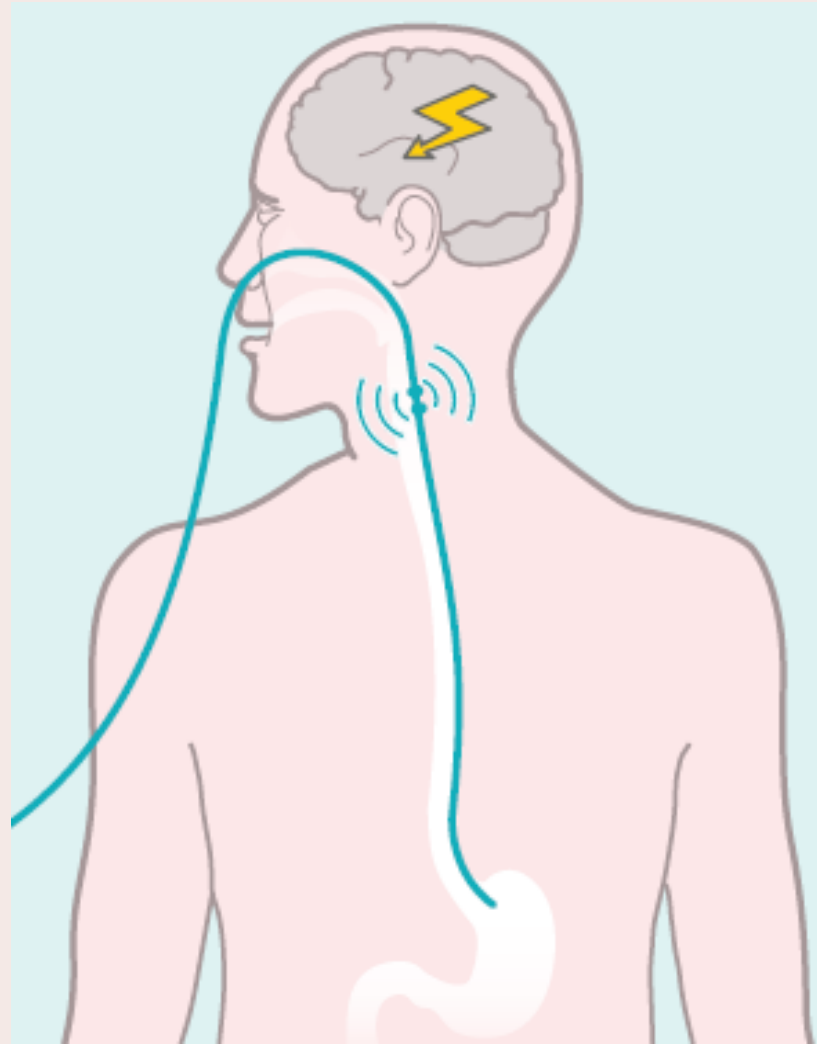


Some people  
recover  
naturally,  
some do not.



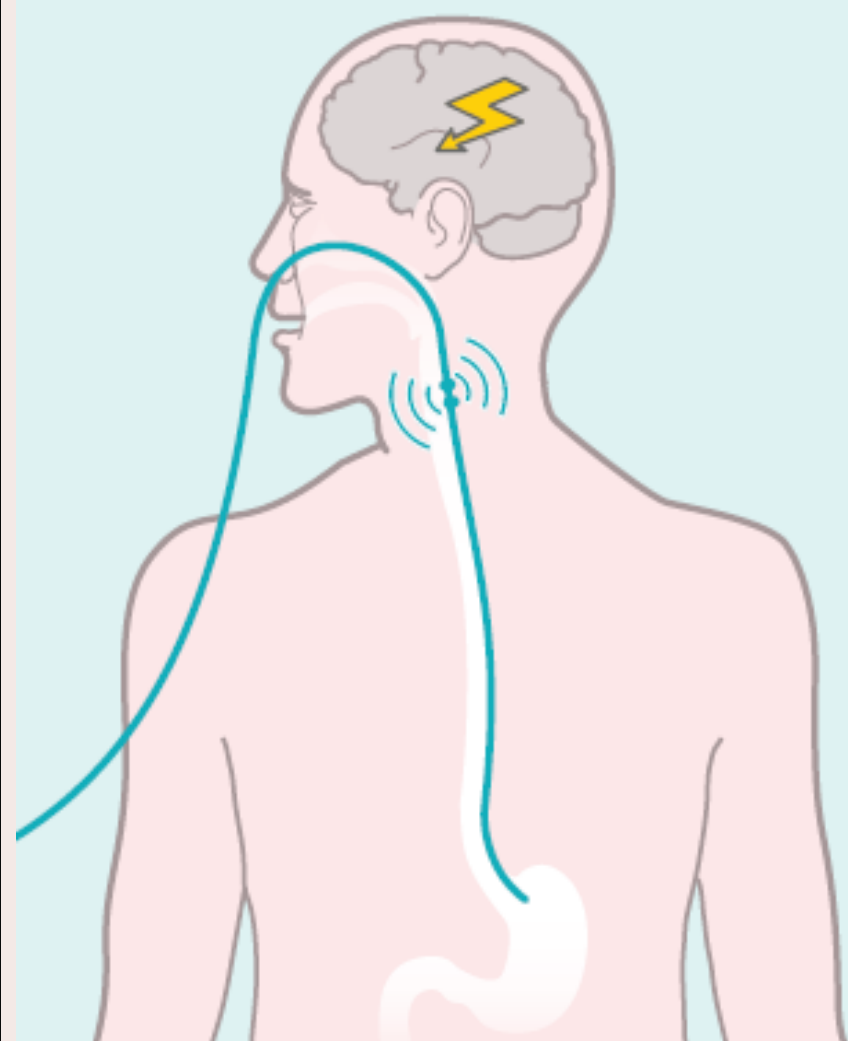


If you have an unsafe swallow, you need food and drink to pass through a **tube** into your **stomach**.



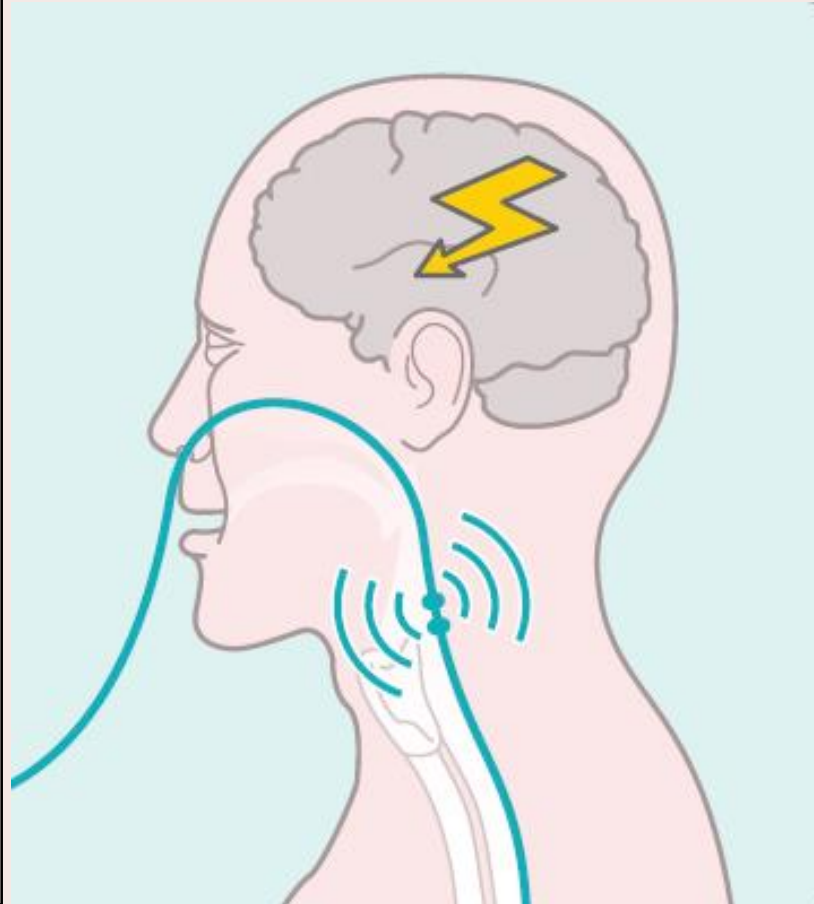


This tube goes through your nose and down your throat.



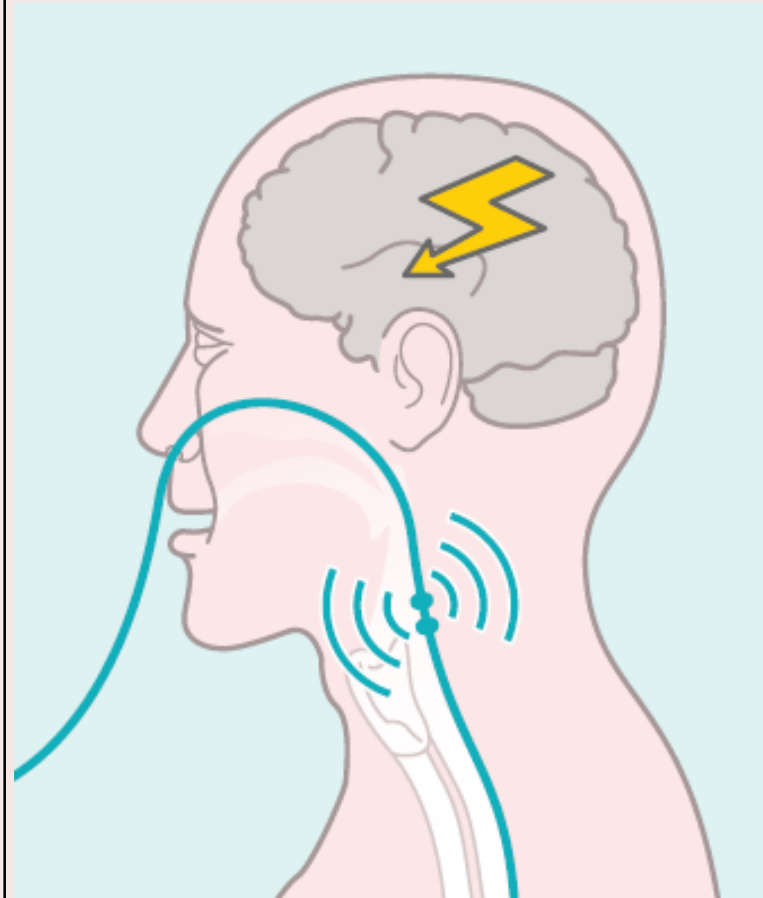


PES treatment uses the same tube to give stimulation to the inside of the throat.



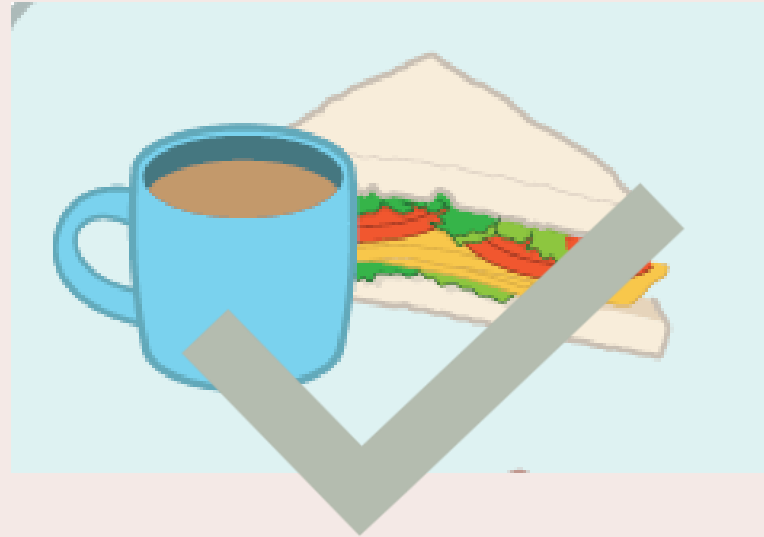


There are tiny electrodes at throat level which stimulate the parts of the brain for swallowing.





This treatment  
may help your  
swallow and  
allow you to  
eat and drink  
safely.





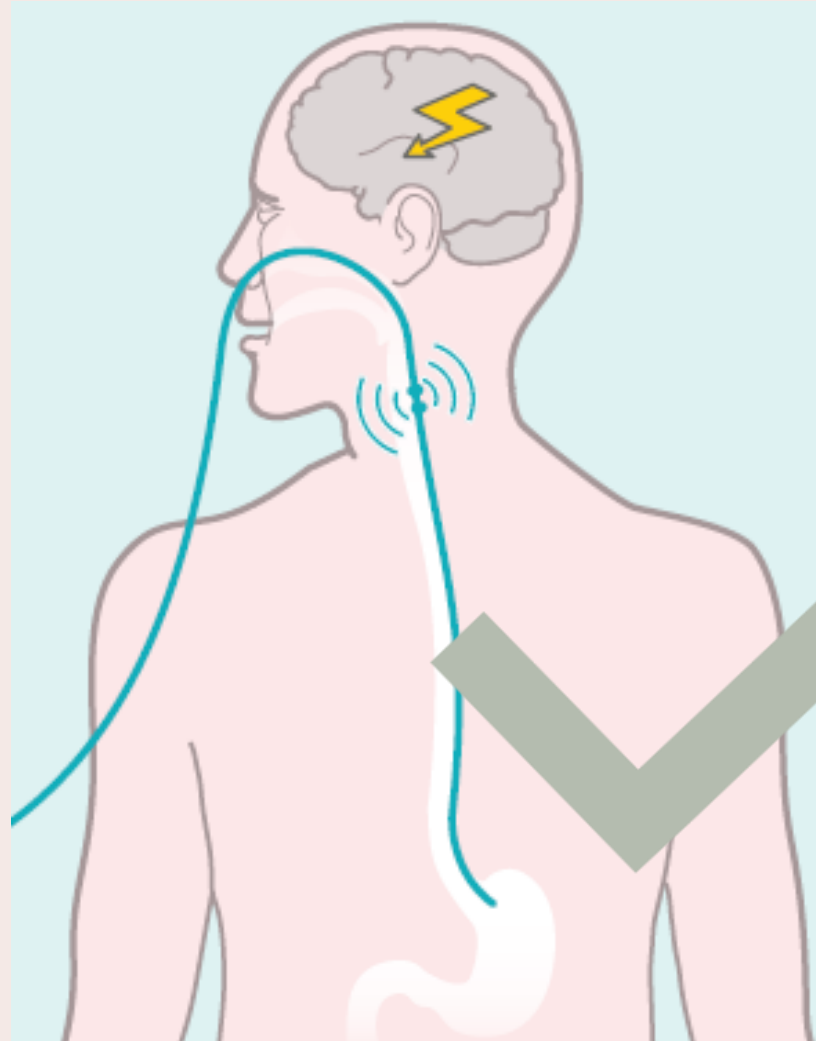


This treatment has been tested on **over 200** stroke patients.

The device has been found to be **safe** and achieve **good outcomes**

**No negative** device-related events have been observed.

This treatment is considered **low risk**.

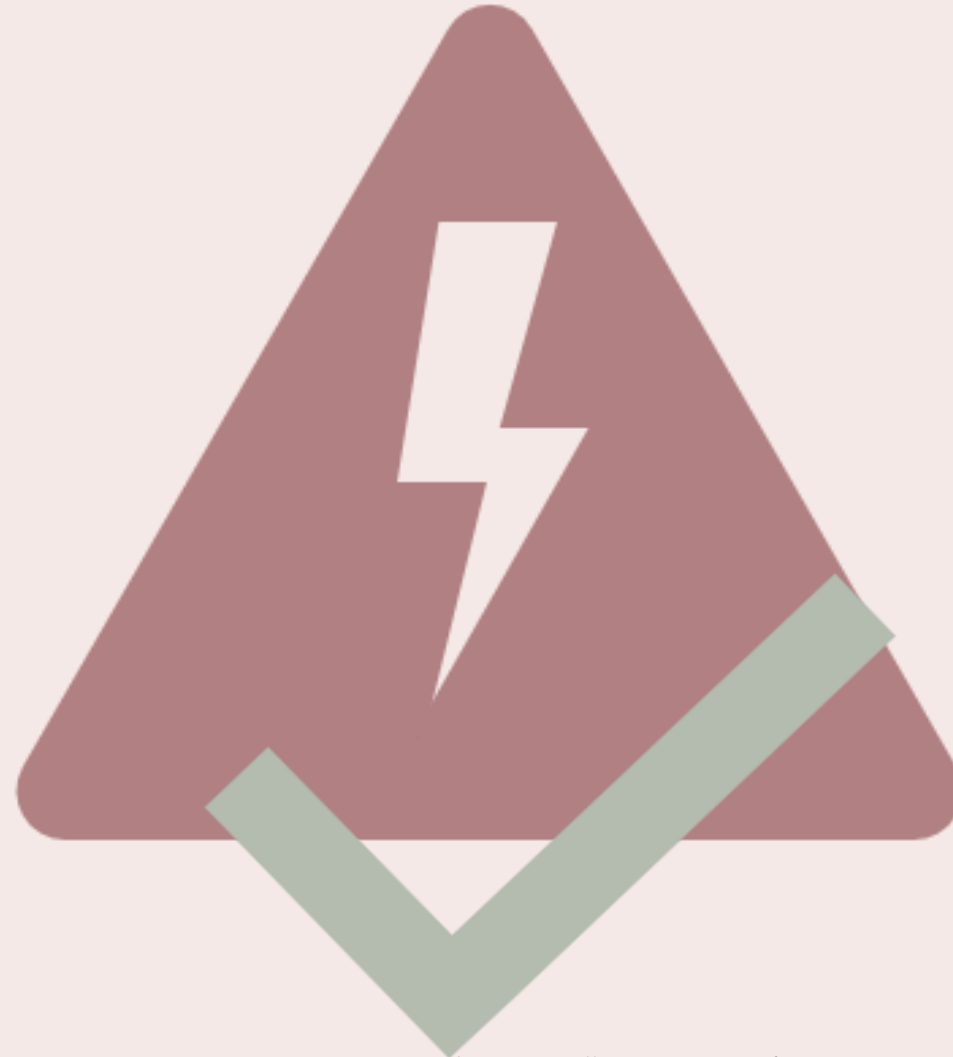


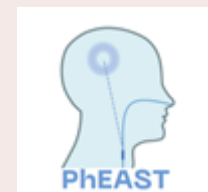


THE LEVEL OF  
STIMULATION  
IS SAFE.

YOU SHOULD  
NOT BE  
HARMED.

IT SHOULD NOT  
BE PAINFUL.





You may feel  
**some**  
**discomfort.**  
This means  
the  
treatment is  
likely to  
be **working.**



The treatment is done at your **bedside** or in a quiet area.

You need to be **sat up, or propped up, and comfortable** during treatment.



Some quick  
tests need to  
be done first.

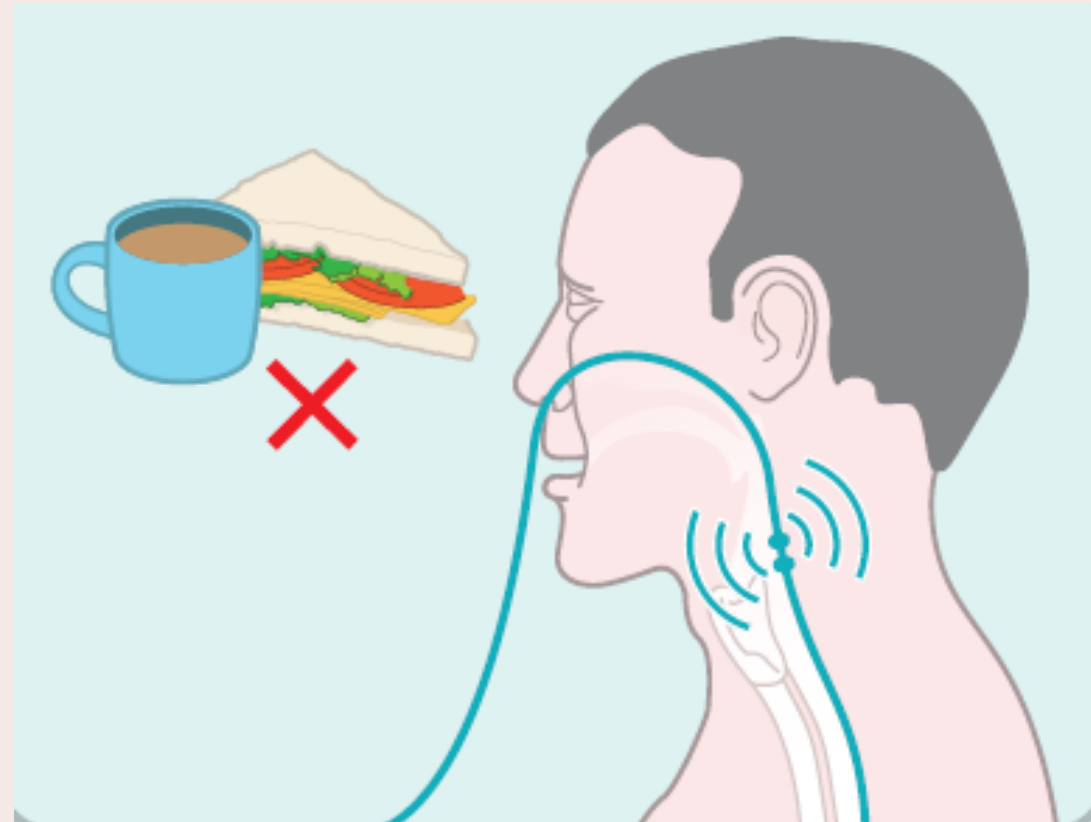


You will then have  
10 minutes of  
treatment.

Do not eat or  
drink during  
treatment.

Remain still.

You can talk.





A health care professional will be with you during treatment.

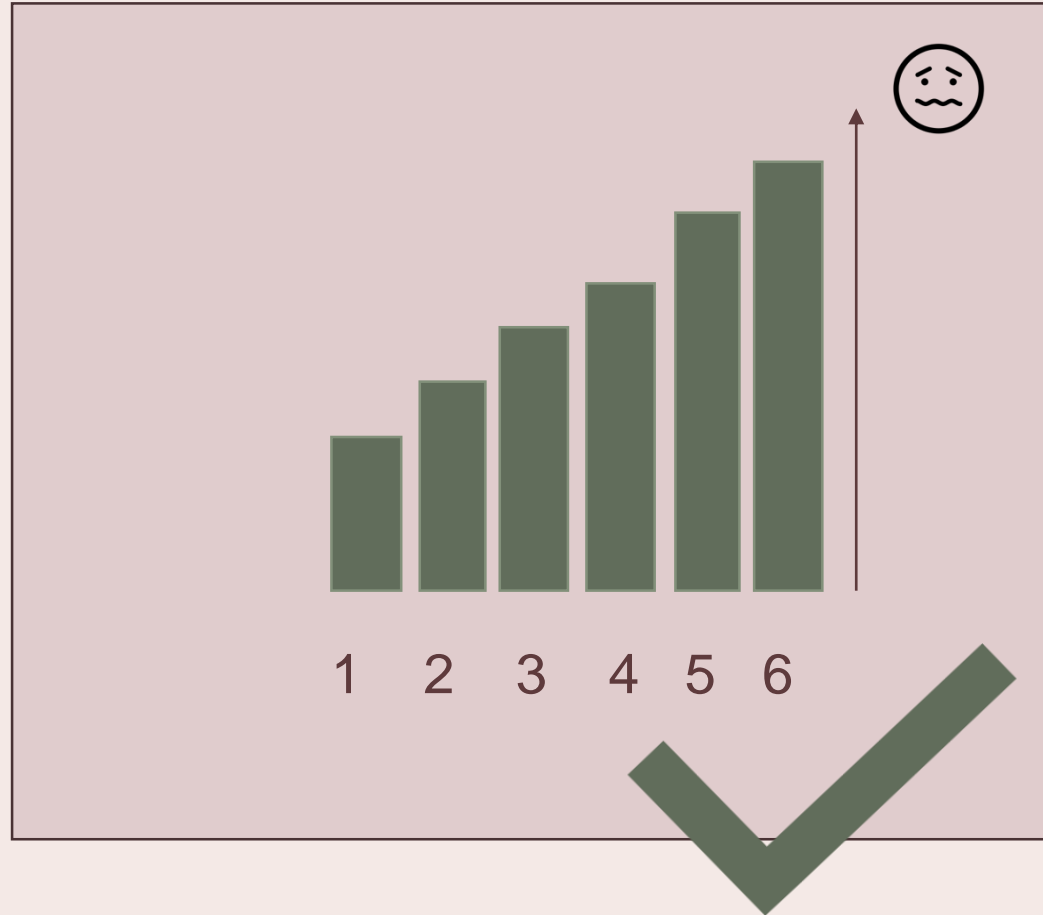
You can stop /  
pause the  
treatment, if  
needed.





The level of stimulation will be different each time.

You may find your throat feels more sensitive to the level of stimulation, this is a good sign.





**Any  
questions?**

Please ask if  
you do not  
understand.

