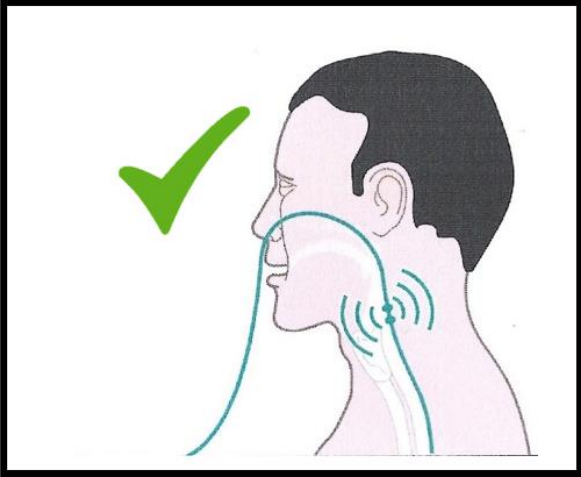
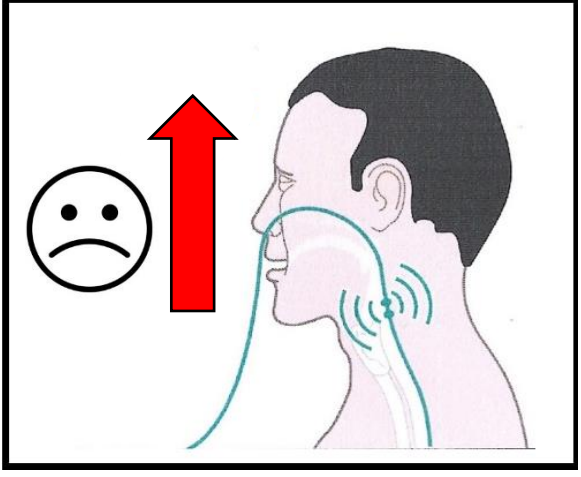
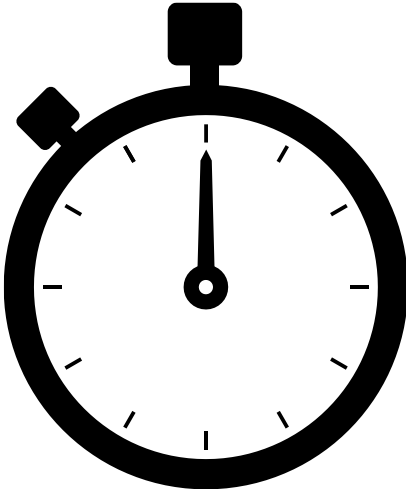
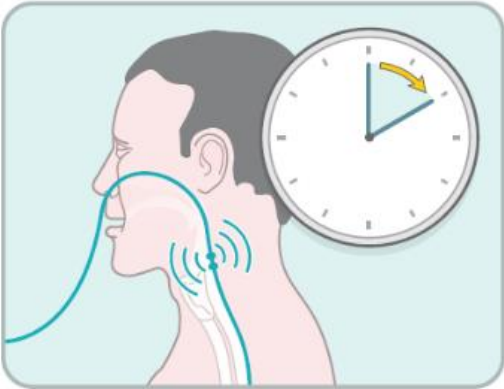


PES Treatment Guide for Participants

1	<p>The lowest level of stimulation (when you can first feel a sensation at the back of your throat).</p> <p>This is done 3 times.</p>	 An illustration of a person's head and neck in profile, facing left. A green line starts at the back of the neck and curves forward towards the throat. A green checkmark is positioned to the left of the person's head. The neck area is shaded in light pink.	✓
2		Repeat	✓
3		Repeat	✓
4	<p>The highest level of stimulation (when the sensation is too much and you cannot tolerate anymore).</p> <p>This is done 3 times.</p>	 An illustration of a person's head and neck in profile, facing left. A green line starts at the back of the neck and curves forward towards the throat. A sad face icon (a circle with two dots for eyes and a downward-curving line for a mouth) is positioned to the left of the person's head. A red arrow points upwards from the sad face icon. The neck area is shaded in light pink.	✓

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5		Repeat	✓
6		Repeat	✓
7	The device will now calculate your treatment level		
8	This treatment level will be tested for 8 seconds.		✓
9	You will now receive the full treatment ; this lasts for 10 minutes.		✓