

# Remote Ischaemic Conditioning After Stroke 3 (RECAST-3)



## Newsletter

### NOTICES

**NOTE:** You (as a site) should shortly expect a call/email from someone in the Nottingham Stroke Trials team re: trial participation.

### Trial Team: Updates

There have been some recent changes to members of the RECAST-3 trial team. Key team members for the trial are introduced below:

#### **Dr. Timothy England (Chief Investigator)**

Dr. England is a Clinical Associate Professor at the University of Nottingham, Honorary Stroke Consultant at the Royal Derby Hospital and the East Midlands NIHR CRN Lead for Stroke. He has an interest in acute stroke care, specifically in remote ischaemic conditioning and neuroprotection.

Message from Dr England: *"Thank you to all of the sites for your patience while we set up RECAST-3. The pandemic has obviously been problematic at many levels and we hope that you are still eager to help us determine whether RIC is an effective treatment in acute stroke. We are on board with a new company providing an alternative automated RIC device and expect delivery in the autumn."*



## **Diane Havard (Senior Clinical Trial Manager )**

*"I have worked in stroke research since 2010. Amongst other roles I was the Lead Stroke Research Nurse for East Midlands before returning to Nottingham as the manager for TARDIS, TICH-2 and RIGHT-2 trials. I will now be working on MAPS-2, RECAST-3 and TICH-3."*



## **Emily Stanyard (Clinical Trial Coordinator)**

*"I joined the University of Nottingham stroke team as a Trial Coordinator in March 2021. I graduated in 2018 with a degree in Psychology and have previously worked as a Research Assistant in Paediatric Oncology research at Nottingham University Hospitals NHS Trust. I'm really looking forward to settling into my new role and supporting sites with the RECAST-3 trial - please don't hesitate to get in touch with any queries you may have."*



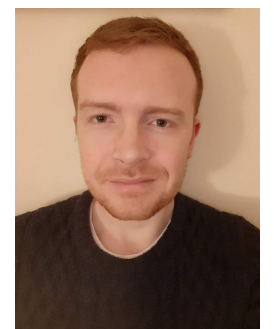
## **Jen Craig (Follow-Up Coordinator)**

*"I will be coordinating follow-up assessments with patients enrolled on the RECAST-3 trial. My research background is in cardiovascular and exercise physiology, and I have previously worked as a physiologist in private healthcare clinics. I started my role at the University of Nottingham in June 2021 and I'm looking forward to supporting the delivery of this important trial."*



## **Daniel Regan (Data & Imaging Administrator)**

*"I've previously worked at Keele CTU in Staffordshire in two different positions, supporting a variety of CTIMP and non-CTIMP trials. I'm looking now to develop my skills and expertise further in clinical trials in terms of setup, data management and operations. RECAST-3 is one of the main trials that I will be involved with, moving forward."*



## **Tray Morgan (Research Administrator)**

*"I am a Research Administrator in the Stroke Trials Team, having joined in February 2021. I provide broad administrative support for national and international stroke trials. My work background has been in law, research, and the NHS. I am pleased to be part of the team and support the hugely important work being undertaken."*



## Patricia Robinson (Research Administrator)

*"I joined the Stroke Trials Research Team as Research Secretary for the RIGHT-2 study in April 2015, also working on TARDIS and TICH-2. I now provide administrative support to the team for RECAST-3 and DASH together with assisting team members on other national and international studies. My work background to date has been varied, including fashion, medical, sporting and education."*



### Updated Timeline: Important dates

RECAST-3 team to contact sites: **June/July 2021**

Site setup: **between August 2021 & November 2021**

Recruitment start: **from December 2021**

### Trial Office: New Address

The RECAST-3 team has relocated to the Queens Medical Centre. Please send any future correspondence to the following address:

**Stroke Trials Unit  
Mental Health & Clinical Neurosciences  
School of Medicine  
University of Nottingham  
D Floor, South Block, Room 2108  
Queens Medical Centre  
Nottingham  
NG7 2UH**

Telephone: **0115 823 1701**

### Return of devices

For any sites that previously received automated blood pressure devices – we will be in touch soon to arrange for their return. These will be replaced with new devices later in the year.

### Disposal of paperwork

Due to a change in the device manufacturer, we would like to request that sites dispose of any existing trial documentation. Updated documents will be sent to sites later in the year.

**For general trial-related enquiries, please email:**

**[MS-RECAST-3@nottingham.ac.uk](mailto:MS-RECAST-3@nottingham.ac.uk)**