

**North West - Greater Manchester South Research Ethics Committee**

Health Research Authority  
Redman Place  
Stratford  
E20 1JQ

22 November 2023

Ms Angela Shone  
Research and Innovation  
University of Nottingham, East Atrium, Jubilee Conference Centre  
Jubilee Campus, Triumph Road, Nottingham  
NG8 1DH

Dear Ms Shone

**Study title:** Remote Ischaemic Conditioning After Stroke 3 (RECAST-3):  
A multicentre randomised controlled trial  
**REC reference:** 20/NW/0173  
**Protocol number:** 20011  
**Amendment number:** SA/05/23  
**Amendment date:** 12 October 2023  
**IRAS project ID:** 277021

The above amendment was reviewed by the Sub-Committee in correspondence.

**Ethical opinion**

The members of the Committee taking part in the review gave a favourable ethical opinion of the amendment on the basis described in the notice of amendment form and supporting documentation.

**Approved documents**

The documents reviewed and approved at the meeting were:

<i>Document</i>	<i>Version</i>	<i>Date</i>
Completed Amendment Tool [Locked Amendment Tool]	Template v1.6	12 October 2023
Covering letter on headed paper [English REC Cover Letter]	N/A	05 September 2023
GP/consultant information sheets or letters [Day 90 GP Postal Letter]	1.0	05 September 2023

GP/consultant information sheets or letters [Clean GP letter]	2.0	05 September 2023
GP/consultant information sheets or letters [Practice Manager Letter]	1.0	05 September 2023
GP/consultant information sheets or letters [Tracked GP Letter]	2.0	05 September 2023
Instructions for use of medical device [995104 - Iss 01 - Product Training Guidance - AT4 Electronic Tourniquet - RECAST-3]	01	11 October 2023
Other [mNCA_July_2022]	N/A	01 July 2022
Other [Device Sticker]	1.0	05 September 2023
Other [Clean Consultee Declaration Form]	3.0	05 September 2023
Other [Clean Consultee Information Sheet]	3.0	05 September 2023
Other [ReCAST-3_Day_90_follow-up_20230202_v1.1_postal]	1.1	02 February 2023
Other [Sponsor contact delegation letter]	N/A	10 July 2023
Other [Tracked Consultee Declaration Form]	3.0	05 September 2023
Other [Tracked Consultee Information Sheet]	3.0	05 September 2023
Participant consent form [Clean Participant Consent Form]	3.0	05 September 2023
Participant consent form [Clean Telephone Consent Record]	2.0	05 September 2023
Participant consent form [Tracked Participant consent Form]	3.0	05 September 2023
Participant consent form [Tracked Telephone Consent Record]	2.0	05 September 2023
Participant information sheet (PIS) [Clean PIS Re-consent]	3.0	05 September 2023
Participant information sheet (PIS) [Clean PIS]	3.0	05 September 2023
Participant information sheet (PIS) [Tracked PIS]	3.0	05 September 2023
Participant information sheet (PIS) [Tracked PIS Re-consent]	3.0	05 September 2023
Research protocol or project proposal [Clean Protocol]	4.0	04 August 2023
Research protocol or project proposal [Tracked Protocol]	4.0	04 August 2023
Schedule of Events or SoECAT [SoECaT]	Template v1.19	11 October 2023

### Membership of the Committee

The members of the Committee who took part in the review are listed on the attached sheet.

### Working with NHS Care Organisations

Sponsors should ensure that they notify the R&D office for the relevant NHS care organisation of this amendment in line with the terms detailed in the categorisation email issued by the lead nation for the study.

### Amendments related to COVID-19

We will update your research summary for the above study on the research summaries section of our website. During this public health emergency, it is vital that everyone can promptly identify all relevant research related to COVID-19 that is taking place globally. If you have not already done so, please register your study on a public registry as soon as possible and provide the HRA with the registration detail, which will be posted alongside other information relating to your project.

### Statement of compliance

The Committee is constituted in accordance with the Governance Arrangements for Research Ethics Committees and complies fully with the Standard Operating Procedures for Research Ethics Committees in the UK.

## HRA Learning

We are pleased to welcome researchers and research staff to our HRA Learning Events and online learning opportunities– see details at: <https://www.hra.nhs.uk/planning-and-improving-research/learning/>

**IRAS Project ID - 277021:**

**Please quote this number on all correspondence**

Yours sincerely



**Sadi Cisse**  
Approvals Administrator  
PP

**Mr Richard Hovey**  
**Chair**

E-mail: [gmsouth.rec@hra.nhs.uk](mailto:gmsouth.rec@hra.nhs.uk)

*Enclosures: List of names and professions of members who took part in the review*

*Copy to: Dr Tim England, University of Nottingham*

**North West - Greater Manchester South Research Ethics Committee**

**Attendance at Sub-Committee of the REC meeting on 14 November 2023**

**Committee Members:**

<i>Name</i>	<i>Profession</i>	<i>Present</i>	<i>Notes</i>
Miss Andreea Chivu	Pharmacist	Yes	
Mr Richard Hovey	Business Analyst	Yes	(Chair)