

North West - Greater Manchester South Research Ethics Committee

3 Piccadilly Place Manchester M1 3BN

Please note: This is the favourable opinion of the REC only and does not allow the amendment to be implemented at NHS sites in England until the outcome of the HRA assessment has been confirmed.

08 August 2024

Dr Tim England Clinical Associate Professor in Stroke Medicine University of Nottingham Vascular Medicine, Division of Medical Sciences & GEM, The Medical School, Royal Derby Hospital, Uttoxeter Rd, Derby DE22 3NE

Dear Dr England

Study title: Remote Ischaemic Conditioning After Stroke 3 (RECAST-3):

A multicentre randomised controlled trial

REC reference: 20/NW/0173

Protocol number: 20011 Amendment number: SA07_24 Amendment date: 09 July 2024 IRAS project ID: 277021

The above amendment was reviewed by the Sub-Committee in correspondence.

Ethical opinion

The members of the Committee taking part in the review gave a favourable ethical opinion of the amendment on the basis described in the notice of amendment form and supporting documentation.

Approved documents

The documents reviewed and approved at the meeting were:

Document	Version	Date
Completed Amendment Tool [277021_SA07_24_]	Template v1.6	09 July 2024
Covering letter on headed paper [RECAST-3 English REC Cover Letter SA0724 20240709_TE]	N/A	09 July 2024
Other [RECAST-3 England Consultee Information Sheet Final v3.1 20240507 Tracked]	3.1	07 May 2024
Other [RECAST-3 England Consultee Information Sheet Final v3.1 20240507 Clean]	3.1	07 May 2024
Participant information sheet (PIS) [RECAST-3 England PIS Reconsent Final V3.1 20240507 Clean]	3.1	07 May 2024
Participant information sheet (PIS) [RECAST-3 England PIS V3.1 20240507 Clean]	3.1	07 May 2024
Participant information sheet (PIS) [RECAST-3 England PIS Reconsent Final V3.1 20240507 Tracked]	3.1	07 May 2024
Participant information sheet (PIS) [RECAST-3 England PIS V3.1 20240507 Tracked]	3.1	07 May 2024
Research protocol or project proposal [RECAST-3 Protocol Final V5.0 20240507 Clean]	5.0	07 May 2024
Research protocol or project proposal [RECAST-3 Protocol Final V5.0 20240507 Tracked]	5.0	07 May 2024

Membership of the Committee

The members of the Committee who took part in the review are listed on the attached sheet.

Working with NHS Care Organisations

Sponsors should ensure that they notify the R&D office for the relevant NHS care organisation of this amendment in line with the terms detailed in the categorisation email issued by the lead nation for the study.

Amendments related to COVID-19

We will update your research summary for the above study on the research summaries section of our website. During this public health emergency, it is vital that everyone can promptly identify all relevant research related to COVID-19 that is taking place globally. If you have not already done so, please register your study on a public registry as soon as possible and provide the HRA with the registration detail, which will be posted alongside other information relating to your project.

Statement of compliance

The Committee is constituted in accordance with the Governance Arrangements for Research Ethics Committees and complies fully with the Standard Operating Procedures for Research Ethics Committees in the UK.

HRA Learning

We are pleased to welcome researchers and research staff to our HRA Learning Events and online learning opportunities— see details at: https://www.hra.nhs.uk/planning-and-improving-research/learning/

IRAS Project ID - 277021:

Please quote this number on all correspondence

Yours sincerely

Phllulian

Dr Derrick Martin Chair

E-mail: gmsouth.rec@hra.nhs.uk

Enclosures: List of names and professions of members who took part in the

review

Copy to: Ms Angela Shone

North West - Greater Manchester South Research Ethics Committee Attendance at Sub-Committee of the REC meeting on 06 August 2024

Committee Members:

Name	Profession	Present	Notes
Mr Michael Harnor	Retired University Lecturer	Yes	
Dr Derrick Martin (Chair)	Retired Consultant Radiologist	Yes	

Also in attendance:

Name	Position (or reason for attending)
Susan Sullivan	Approvals Administrator