

**Remote Ischaemic Conditioning After Stroke 3 (RECAST-3): A multicentre  
randomised controlled trial  
Eligibility Checklist V1.0, 04 March 2024**

<b>Inclusion Criteria</b> <i>(All must be 'YES' for the patient to take part)</i>		<b>Yes</b>	<b>No</b>
1	Acute ischaemic stroke ( $\leq 24$ hours post onset)		
2	Spontaneous intracerebral haemorrhage ruled out on baseline clinical neuroimaging *Haemorrhagic transformation of infarction (HTI) HI1, HI2, PH1 is permitted*		
3	NIHSS score 5-25 at randomisation		
4	Age $\geq 18$ years		

<b>Exclusion Criteria</b> <i>(All must be 'NO' for the patient to take part)</i>		<b>Yes</b>	<b>No</b>
1	Pre-morbid dependency (modified Rankin Scale, mRS $>3$ )		
2	Spontaneous intracerebral haemorrhage		
3	Systolic blood pressure $< 80$ mmHg		
4	Haemorrhagic transformation of infarction PH2		
5	Pre-existing diagnosis of dementia		
6	Coma (GCS $< 8$ )		
7	Malignancy		
8	Significant co-morbidity (life expectancy $< 6$ months)		
9	BM $< 3.0$ mmol/L		
10	Known pregnancy		
11	Taking part in another interventional trial, unless co-enrolment has been approved by Chief Investigators and Sponsors		
12	Seizure on presentation unless brain imaging identifies evidence of significant brain ischaemia		
13	Significant tissue injury of the upper limbs, which in the opinion of the investigator, will be exacerbated by remote ischaemic conditioning		
14	Expected repatriation of the participant to another hospital not participating in RECAST-3 where RIC or sham cannot continue		

**\*It is acceptable for a research nurse/coordinator to sign off eligibility but any queries must be discussed with a medic\***

*Please ensure that eligibility is also signed off in the medical notes*

\_\_\_\_\_  
(Name)

\_\_\_\_\_  
(Signature)

\_\_\_\_\_  
(Occupation)

\_\_\_\_\_  
(Date)