## R4VaD

## Rates, Risks and Routes to Reduce Vascular Dementia

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## Week 6 (± 2 weeks) follow-up form v1.6

R4Va	D	W	eek 6 follow-up v1	of			
Secti	on A: Participant details						
A1	Date of data collection (dd-mmm-yy	yy) [	O / M	/Y	_		
A2	Status of the participant	[ [ [ [	Available - by to Available - see Available - pos Lost to follow-to Declined this for Withdrawn from Died				
А3	If died, date of death (dd-mmm-yyy	<i>y)</i>	D / M	_ / Y	_		Not applicable
A4	Explanation if follow-up cannot be co	ompleted.					Not applicable
	If deceased, please supply as much as possible (cause, where, etc.)	information					
Secti	on B: Accommodation						
В1	What type of accommodation does t participant live in now?	) [ ] [	At home, indep At home, with Residential hor Care home Nursing home Hospital	help from car	er		☐ Not applicable
Secti	on C: Modified Rankin Scale						
	Modified Rankin Scale <div><a href="r4vad_mrs.html" title="View of separate page" target="_blank" class="cDoNotPrint"&gt;View list</a </div>	on a	0 - No sympton 1 - No significa 2 - Slight disab 3 - Moderate d 4 - Moderately 5 - Severe disa 6 - Died	ant disability, bility isability severe disabi	despite symptoms ility		Not known
	on D: Medical conditions						<u></u>
D1a	Has a doctor told the participant th cognitive impairment or dementia?	at they have	Yes No				Not known
D1b	Has the participant noticed any pro memory or thinking?	blems with	Yes No				Not known
D2	Has the participant had any <b>furthe</b> or numbness in their legs or arms s study follow-up?		Yes No				Not known
D3	Has the participant had any <b>new</b> p their vision or speech since the last up?		Yes No				Not known
D4	Has a doctor told the participant th had a stroke, ministroke or TIA sind study follow-up?		Yes No				Not known
D5a	Has the participant had any chest p	pains?	Yes No				Not known
	Centre number C	Study numb	per	Sex		Investigator	
	Date of collection d /m /y	Initia		Date of birth	d /m /y	Signature	
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R4Val	D		Wee	k 6 follow-up v1.6 (26 Oct 202	Page	of	
D5b	If yes, infarct	, has the participant had tion?		Yes No			Not applicable Not known
D6		the participant have atria lar heartbeat?	al fibrillation /	Yes No			Not known
D7	Is the	participant currently dia ssion?	gnosed with	Yes No			Not known
D8a	Does t	the participant have diab	etes?			Not known	
D8b	If diab	oetic, what are they takir	ng?	Lifestyle measures Oral agents Insulin None			Not applicable Not known
Conti	.n E. C.	uwant Madiaatiana (nyaaariba	d or over counter)				
E1a		rrent Medications (prescribenany drugs is the particip?					Not known
		1					
		Drug name			Dose	Frequency (doses/day)	
E1b	Drug 1				mg		Not applicable Not known
E1c	Drug 2				mg		Not applicable Not known
E1d	Drug 3				mg		Not applicable Not known
E1e	Drug 4				mg		Not applicable Not known
E1f	Drug 5						Not applicable  Not known
E1g	Drug 6				mg		Not applicable  Not known
E1h	Drug 7				mg		Not applicable  Not known
E1i	Drug 8						Not applicable  Not known
E1j	Drug				mg		Not applicable
E1k	Drug				mg		Not known  Not applicable
E1I	10 Drug				mg		Not known  Not applicable
F1m	11 Drug			mg		Not known  Not applicable	
	12			mg		Not known	
E1n	Drug 13			mg		Not applicable Not known	
E1o	Drug 14			mg		Not applicable Not known	
	Centre	number C	Study number	Sex		Investigator	
		collection d /m /y	Initials	Date of birth	d /m /y	Signature	

R4Va	D	Week 6 follow-up	of								
E1p	Drug 15		mg		Not applicable Not known						
			<u> </u>								
Secti	on F: Blood pressure and heart rate										
	se measure blood pressure three se use a validated monitor and a	times at 1 minute intervals follow ppropriately sized cuff.	ving at least 5 minutes rest.								
		systolic / diaste	olic (mmHg)								
F1a	Blood pressure reading 1				Not applicable Not done Not known						
F1b	Blood pressure reading 2				Not applicable Not done Not known						
F1c	Blood pressure reading 3				Not applicable Not done Not known						
F1d	Arm used	☐ Left ☐ Right			Not applicable Not done Not known						
F1e	Cuff size	☐ Small ☐ Medium ☐ Large			Not applicable Not done Not known						
F1f	F1f Monitor manufacturer/model										
F2	Heart rate				Not applicable Not done Not known						
Ca ati	an C. Aaraannant										
Secti	on G: Assessment										
	The assessment can stop a	t any point, but preferably where	sible, within the participant's toleran indicated, if the participant is unwil aining questions can be marked 'not	ling or unable to	continue.						
G1	Montreal Cognitive Assessme Memory	nt (MoCA)									
			you will have to remember now and an remember. It doesn't matter in w								
	FACE VELVET CHURCH I	DAISY RED									
	Now tell the participant: "I am going to read the same including words you said the		nember and tell me as many words a	ns you can,							
	Then tell the participant: "I will ask you to recall those	words again later in the test."									
G1a	G1a Repeat <b>FACE</b>										
G1b Repeat <b>VELVET</b> 0 - Incorrect 1 - Correct											
-	Centre number C  Date of collection d /m /y	Study number  Initials	Sex  Date of birth d /m /y	Investigator Signature							
<u> </u>	Date of confection   u /III /y	TIIILIAIS	Date of Diffil   u /iii /y	Signature							

R4VaD		Week 6	5 follow-up	Page	of		
G1c	Repeat <b>CHURCH</b>		0 - Incorr 1 - Correc				Not applicable
G1d	Repeat <b>DAISY</b>		0 - Incorr				Not applicable
G1e	Repeat <b>RED</b>		0 - Incorr 1 - Correc				Not applicable
G2	Montreal Cognitive Assessment (N Orientation. Ask the participant t place (name of hospital/clinic/office	he date today (year	, month, e				
G2a	Date		0 - Incorr 1 - Correc				Not applicable
G2b	Month		0 - Incorr 1 - Correc		Not applicable		
G2c	Year		0 - Incorr 1 - Correc				Not applicable
G2d	Day of week		0 - Incorr 1 - Correc				Not applicable
G2e	Place		0 - Incorr 1 - Correc				Not applicable
G2f	City		0 - Incorr 1 - Correc				Not applicable
G3	Verbal fluency. Say to the participant, "Tell me as many words as you can think of that begin with a certain letter of the alphabet that I will tell you in a moment. You can say any kind of word you want, except for proper nouns (like Bob or Boston), numbers, or words that begin with the same sound but have a different suffix, for example, love, lover, loving. I will tell you to stop after one minute. Are you ready? Now tell me as many words as you can think of that begin with the letter F."  Record the number of distinct words the participant says.						
G3a	Verbal fluency						☐ Not applicable
G4	Montreal Cognitive Assessment (N Delayed recall. Ask the participar for each of the words correctly re	nt to recall the 5 wo			o remember earlier.	Score 1 point	
G4a	Recall <b>FACE</b>		0 - Incorr 1 - Correc				Not applicable
G4b	Recall <b>VELVET</b>		0 - Incorr 1 - Correc				Not applicable
G4c	Recall <b>CHURCH</b>		0 - Incorr 1 - Correc				Not applicable
G4d	Recall <b>DAISY</b>		0 - Incorr 1 - Correc				Not applicable
G4e	Recall <b>RED</b>		0 - Incorr 1 - Correc				Not applicable
G5	Patient Health Questionnaire (PHO Ask the participant: "Over the las problems?"	<del>-</del> -	ten have y	ou been bothere	ed by any of the follow	wing	
G5a	Little interest or pleasure in doing	things	Not at all Several da More thar Nearly eve	Not applicable			
	•						
	Centre number C	Study number		Sex		Investigator	
Da	te of collection d /m /y	Initials		Date of birth	d /m /y	Signature	

R4VaD		Wee	k 6 follow-up	Page	of		
G5b	Feeling down, depressed, or h	nopeless	Not at all Several da More than Nearly eve	half the days			Not applicable
G6	Canaralized Anxiety Disorder	(CAD)					
Go	Generalized Anxiety Disorder  Ask the participant: "Over the problems?"		often have yo	ou been bothere	ed by any of the follow	ving	
G6a	Feeling nervous, anxious or o	n edge?	Not at all Several da More than Nearly eve	half the days			Not applicable
G6b	Not being able to stop or conf	rol worrying?	Not at all Several da More than Nearly eve	half the days			Not applicable
G7	Montreal Cognitive Assessment Read these lists of numbers/le	` '	er second.				
G7a	Ask the participant to repeat numbers in forward order: 2, 1, 8, 5, 4	the following	0 correct 1 correct 2 correct 3 correct 4 correct 5 correct				Not applicable
G7b	Ask the participant to repeat numbers in reverse order: 7, 4, 2	the following	0 correct 1 correct 2 correct 3 correct				☐ Not applicable
	Ask the participant to tap with <b>FBACMNAAJKLB</b> . No points if 2 or more errors.	A F A K D E A A A J	AMOFAA	В	following list.		
G7c	List of Letters		0 - Incorr				Not applicable
	Ask the participant, "Please to until I ask you to stop." If the participant makes a mis are 4 correct subtractions).	·					
G7d	Serial 7 subtraction starting a	t 100	0 correct 1 correct 2 correct 3 correct 4 correct 5 correct				Not applicable
G8	Montreal Cognitive Assessmen	nt (MoCA)					
	Language Read the following sentences each sentence correctly repea	to the participant and		repeat exactly	what you say. Score	1 point for	
G8a	"I only know that John is the	one to help today."	0 - Incorre				Not applicable
G8b	"The cat always hid under the were in the room."	couch when dogs	0 - Incorre				Not applicable
	Abstraction. Ask the participal Score 1 point for each correct		veen 2 words	e.g. for banana	a and orange the answ	er is fruit.	
	Centre number C	Study number		Sex		Investigator	
Da	te of collection d /m /y	Initials		Date of birth	d /m /y	Signature	

5	of	16
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R4VaD			Wee	k 6 follow-up	v1.6 (26 Oct 202	(0)	Page	of
G8c	What is the	similarity between <i>trai</i>	in and bicycle?	0 - Incorre				Not applicable
G8d	What is the	similarity between wat	cch and ruler?	0 - Incorre				Not applicable
G9	Montreal Co	gnitive Assessment (M	oCA)					
G9a	separate par class="cDoN Ask the part accurately a One point is drawing. - Drawing m - All lines ar - No line is a - Lines are n	ages/MoCA_cube.png" title="View on a page" target="_blank" oNotPrint">Show cube articipant to copy the diagram, as as they can. is allocated for a correctly executed  must be three-dimensional are drawn						
G9	Clock Ask the participant to draw a clock, put in all the numbers, and set the time to 10 past 11.							
G9b	Contour  The clock face must be a circle with only minor distortion acceptable (e.g. slight imperfection on closing the circle)  0 - Incorrect  1 - Correct						Not applicable	
G9c	Numbers  All clock numbers must be present with no additional numbers; numbers must be in the correct order and placed in the approximate quadrants on the clock face; Roman numerals are acceptable; numbers can be placed outside the circle contour  0 - Incorrect  1 - Correct					Not applicable		
G9d	Hands There must be two hands jointly indicating the correct time; the hour hand must be clearly shorter than the minute hand; hands must be centred within the clock face with their junction close to the clock centre					Not applicable		
G10	Montroal Co	anitivo Assassment (M	oCA)					
GIO	Naming Beginning o "Tell me the	gnitive Assessment (M in the left, point to eac in name of this animal" ank" class="cDoNotPri	h figure and say <div><a <="" href="&lt;/td&gt;&lt;td&gt;images/MoCA&lt;/td&gt;&lt;td&gt;_animals.png" td=""><td>title="View on a sepa</td><td>rate page"</td><td></td></a></div>	title="View on a sepa	rate page"			
G10a	Picture 1 (le	ft)		0 - Incorre				Not applicable
G10b	Picture 2 (m	niddle)		0 - Incorre				Not applicable
G10c	Picture 3 (ri	ght)		0 - Incorre				Not applicable
G11	Trail Making	Test						
011			E gingles distant	tod over = -'	not of 7	now A the similar	o numbers d	
		of this test consist of 2! The participant should o				•	e numbered	
	In part B, the circles include both numbers (1 – 13) and letters (A – L). As in part A the participant draws lines to connect the circles in an ascending pattern, but with the added task of alternating between the numbers and letters – i.e. 1-A-2-B-3-C, etc.							
	<ul> <li>Give the participant a copy of the Trail Making Test Part A worksheet and a pen or pencil.</li> <li>Instruct them to connect the circles as quickly as possible, without lifting the pen/pencil from the paper.</li> <li>Time the participant as they follow the 'trail' made by the numbers on the test.</li> <li>If the participant makes an error, point it out immediately and allow them to correct it. (Errors only affect the score in that corrections are included in the time taken).</li> </ul>							
(	Centre number	С	Study number		Sex		Investigator	
Dat	te of collection	d /m /y	Initials		Date of birth	d /m /y	Signature	

R4VaD			Wee	ek 6 follow-up	v1.6 (26 Oct 202	(0)	Page	of				
	• Repea	d the time and numbe at the procedure for Tr	ail Making Test F	Part B.								
		cipants should be ab coeither test if they a				tes.						
G11a	Part A - time	e			min(s)	sec(s)		Not applicable				
	Part A - Poin	its completed										
G11b	Part B - time	9			min(s)	sec(s)		Not applicable				
	Part B - Poin	its completed										
G11c	Were any er Part B (i.e. p	rors made in the first points 1-E)?	10 points of	Yes No								
G12	Stroke Impa	act Scale (SIS)										
G12a		week, how would you i your leg that was <b>mos</b>		Quite a bi Some stre A little str	A lot of strength Quite a bit of strength Some strength A little strength No strength at all							
G12b	In the past week, how difficult was it for you to think quickly?  Not difficult at all  A little difficult  Somewhat difficult  Very difficult  Extremely difficult						Not applicable					
G12c		week, how often did yo thing to look forward t		None of th A little of Some of t Most of th		☐ Not applicable						
G12d		week, how difficult was what was being said to 1?	you in a	Not difficuted A little difter Somewhated Very difficed Extremely	ficult t difficult ult			Not applicable				
G12e	light househ	2 weeks, how difficult old tasks/chores (e.g. it rubbish, do the dish	dust, make a	Not difficu A little dif Somewha Very diffic Could not	ficult t difficult ult			☐ Not applicable				
G12f	12f In the past 2 weeks, how difficult was it to walk without losing your balance?				Not difficult at all A little difficult Somewhat difficult Very difficult Could not do at all							
G12g		2 weeks, how difficult nat was most affected coin?		Not difficu A little dif Somewha Very diffic Could not		Not applicable						
G12h	During the past 4 weeks, how much of the time have you been limited in your social activities?  None of the time  A little of the time  Some of the time  Most of the time							Not applicable				
(	Centre number C Study number Sex Investigator											
Dat	te of collection	d /m /y	Initials		Date of birth	d /m /y	Signature					

K4VaD				V1.6 (26 Oct 202		Page	OF		
			All of the t	time					
G13	Telephone Interview for Cognitive	e Status (TICS-m)	(this assess	ment can be co	mpleted in person)				
	Say to the participant, "I am go remember them. When I am					d try to			
	"Now, tell me all of the words	that you can re	member."						
G13a	Cabin	[	0 - Incorre				Not applicable		
G13b	Pipe		0 - Incorre				Not applicable		
G13c	Elephant	]	0 - Incorre				Not applicable		
G13d	Chest	[	0 - Incorre				Not applicable		
G13e	Silk	[	0 - Incorre				Not applicable		
G13f	Theatre	[	0 - Incorre				Not applicable		
G13g	Watch		0 - Incorre				Not applicable		
G13h	Whip	[	0 - Incorre				Not applicable		
G13i	Pillow	[	0 - Incorre				Not applicable		
G13j	Giant	[	0 - Incorre				Not applicable		
G14	Telephone Interview for Cognitive Orientation. Ask the participant					ectly answered.			
G14a	Age	[	0 - Incorre				Not applicable		
G14b	Telephone number	]	0 - Incorre				Not applicable		
G15	Telephone Interview for Cognitive Comprehension	e Status (TICS-m)	(this assess	ment can be co	mpleted in person)				
G15a	What do people usually use to cu		0 - Incorre				Not applicable		
G15b	What is the prickly green plant for desert?		0 - Incorre				Not applicable		
G15c	What is the name of the reigning		0 - Incorre				Not applicable		
G15d	What is the surname of the current Prime  Minister?  0 - Incorrect  1 - Correct						Not applicable		
G15e	15e What is the opposite direction to East?						Not applicable		
G16	Telephone Interview for Cognitive	e Status (TICS-m)	(this assess	ment can be co	mpleted in person)				
	Centre number C Study number Sex Investigator								
	te of collection d /m /y	Initials		Date of birth	d /m /y	Signature			

R4VaD			Wee	k 6 follow-up	Page	of			
	Ask the pa	rticipant if they can	remember the	10 words gi	ven earlier?				
G16a	Cabin			0 - Incorr					Not applicable
G16b	Pipe			0 - Incorr					Not applicable
G16c	Elephant			0 - Incorr					Not applicable
G16d	Chest			0 - Incorr		Not applicable			
G16e	Silk			0 - Incorr					Not applicable
G16f	Theatre			0 - Incorr					Not applicable
G16g	Watch			0 - Incorr 1 - Correc					Not applicable
G16h	Whip			0 - Incorr					Not applicable
G16i	Pillow			0 - Incorr					Not applicable
G16j	Giant			0 - Incorr					Not applicable
G17	Patient Heal	th Questionnaire (PHQ	)						
GI,		icipant: "Over the <b>las</b> t	-	often have v	ou been bothere	ed by any of th	ne follow	ina	
	problems?"								
G17a	Trouble falling	ng or staying asleep, o	r sleeping too	Not at all Several da More than Nearly eve	half the days				Not applicable
G17b	Feeling tired	or having little energy	/	Not at all					Not applicable
				Several da More than Nearly eve	half the days				
G17c	Poor appetit	e or overeating		Not at all					Not applicable
				-	half the days				
				Nearly ev	ery day				
G17d		about yourself - or tha ve let yourself or your		Not at all Several da	ays				Not applicable
				More than Nearly even	n half the days ery day				
G17e		centrating on things, so per or watching televis		Not at all	avs				Not applicable
		-		—	half the days				
G17f	could have r	peaking so slowly that noticed? Or the opposit	Not at all	avs				Not applicable	
	fidgety or re	stless that you have b more than usual			half the days				
	Centre number	c	Study number		Sex			Investigator	
Dat	te of collection	d /m /y	Initials		Date of birth	d /m /y		Signature	

R4VaD			Wee	k 6 follow-up	v1.6 (26 Oct 202	20)	Page	of
G17g		at you would be better rself in some way	r off dead or of	Not at all Several da More than Nearly ev	half the days			☐ Not applicable
G18	Generalized	Anxiety Disorder (GAI	D)					
	Ask the part problems?"	cicipant: "Over the <b>las</b>	t 2 weeks, how	often have y	ou been bother	ed by any of the follo	wing	
G18a	Worrying too	o much about different	t things?	Not at all Several da More than Nearly ev	half the days			☐ Not applicable
G18b	Trouble rela	xing?		Not at all Several da More than Nearly ev	☐ Not applicable			
G18c	Being so res	tless that it is hard to	sit still?	Not at all Several da More than Nearly ev	half the days			Not applicable
G18d	Becoming easily annoyed or irritable?			Not at all Several da More than Nearly ev	☐ Not applicable			
G18e	Feeling afrai happen?	d as if something awfu	ul might	Not at all Several da More than Nearly ev	half the days			☐ Not applicable
G19	Letter Digit	Coding (LDCT)						
	these boxes Every letter but nothing the boxes. V Then say: "I not to make	varticipant: "Now I wou . You will see that in e has its own number th in the bottom ones. W Ye'll have a practice to Now I will give you one mistakes. I'd like you e next line and so on.	ach of them ther nat goes with it. A /hat I want you to make sure that e minute to fill in to fill in the boxo	e is a letter i And here you o do is fill in you've got th as many of t es as you cor	n the top half a will notice that the numbers th he hang of this. the boxes with t	nd a number in the bi there are letters in t at belong to the lette Fill in the numbers u the right numbers as	ottom half. he top boxes, rs in each of p to this line." you can. Try	
	Once 60 sec reached at 6	conds has passed pleas 50 seconds).	se stop the partic	ipant (if they	do not stop im	mediately, note the p	oint they had	
G19a	Total digits f	filled						☐ Not applicable
G19b	Correct digit	s filled						Not applicable
G19c	Incorrect dig	gits filled						Not applicable
G19d	Time taken				min(s)	sec(s)		Not applicable
		Asses	sment can sto	p here if p	articipant un	willing to continu	e	
G20	<ul><li>Seldo</li><li>Some</li><li>Good</li><li>Most</li></ul>	in to the participant them or never of the time part of the time of the time of the time one questions below and			·			
•	Centre number	С	Study number		Sex		Investigator	
Dat	te of collection	d /m /y	Initials		Date of birth	d /m /y	Signature	

K4VaD		wee	k 6 follow-up	V1.6 (26 Oct 202		Page	OΓ
	You may have to read the options Please record the answer for their			nave felt since t	he index stroke.		
G20a	I feel down-hearted and blue	] [ [	3 - Good <sub>I</sub>	n or never of the time part of the time of the time			Not applicable
G20b	I have trouble sleeping at night	] [ ] [	2 - Some 3 - Good	n or never of the time part of the time of the time			☐ Not applicable
G20c	Morning is when I feel best	] [ ] [	3 - Some 2 - Good <sub> </sub>	n or never of the time part of the time of the time			Not applicable
G20d	I can eat as much as I used to	] [ [	3 - Some 2 - Good	n or never of the time part of the time of the time			Not applicable
G20e	I get tired for no reason	] [ [ ]	2 - Some	n or never of the time part of the time of the time			☐ Not applicable
G20f	I find it difficult to make decisions	[ [ [ ]	3 - Good	n or never of the time part of the time of the time			Not applicable
G20g	I feel hopeful about the future	] [ [	2 - Good I	n or never of the time part of the time of the time			Not applicable
G20h	I feel that I am useful and needed			of the time part of the time			Not applicable
G20i	My life is somewhat empty	] [ ] [	2 - Some 3 - Good <sub> </sub>	n or never of the time part of the time of the time			Not applicable
G20j	I still enjoy the things I used to do	) [ [	3 - Some 2 - Good <sub> </sub>	n or never of the time part of the time of the time			Not applicable
G21	Clinical frailty score  Very fit Well Managing well Vulnerable Mildly frail Moderately frail Severely frail Very severely frail Terminally ill						☐ Not applicable
	Centre number C	Study number		Sex		Investigator	
Da	te of collection d /m /y	Initials		Date of birth	d /m /y	Signature	

K4VaD		wee	ek 6 follow-up	V1.6 (26 Oct 202	:0)		Page	ОГ		
G22	Barthel Tell the participant: "The following been in the last week or so."	questions are al	bout how you	look after your	self. Plea	ase state how	you have			
G22a	Are you incontinent of urine?		Occasiona	Yes, incontinent/has a catheter fitted Occasional accident (maximum once per 24 hours) No, continent						
G22b	How do you move from bed to the	chair?	Not at all With a lot With a litt On your o	Not applicable						
G22c	How do you get about?	Not at all Propelling Walking w Walking w	Not applicable							
G23	Barthel Tell the participant: "The following been in the last week or so."	questions are al	bout how you	look after your	self. Plea	ase state how	you have			
G23a	Are you incontinent of your bowels	?	Yes, incon Occasiona No, contir	l accident (once	e per wee	k)		Not applicable		
G23b	Do you wash your own face, brush and hair (for men, shave)?	your teeth	With help Without h	elp				Not applicable		
G23c	How do you use the toilet (or com	☐ With a lot☐ With a litt☐ On your o		Not applicable						
G23d	Do you feed yourself?	With majo With some Without a	Not applicable							
G23e	Do you need any help with dressin	Yes, I nee Yes, I am No, I can	Not applicable							
G23f	How do you get up and down the s	stairs?	Not at all With help Without a	Not applicable						
G23g	Do you need help with bathing or	showering?	Yes No	Not applicable						
G24	Lawton Activities of Daily Living (A	DL)								
G24a	Ability to use telephone	Operates numbers, Dials a fer Answers t Does not	Not applicable							
G24b	Shopping	☐ Takes care of all shopping needs independently ☐ Shops independently for small purchases ☐ Needs to be accompanied on any shopping trip ☐ Completely unable to shop					Not applicable			
G24c	Food preparation	Plans, prepares and serves adequate meals independently Prepares adequate meals if supplied with ingredients Heats, serves and prepares meals or prepares meals but does not maintain adequate diet					Not applicable			
			Needs to	have meals pre	pared and	l served				
	Centre number C	Study number		Sex			Investigator			
	te of collection d /m /y	Initials		Date of birth	d /m	/y	Signature			

R4VaD			Wee	k 6 follow-up	v1.6 (26 Oct 202	20)	Page	of
G24d	Housekeepir	ng		Performs Performs level of cl Needs hel	light daily tasks light daily tasks eanliness p with all home	with occasional assists such as dishwashing but cannot maintain maintanance tasks ay housekeeping task	, bed making acceptable	Not applicable
G24e	Laundry			Launders	sonal laundry co small items, rin y must be done	ses stockings, etc		Not applicable
G24f	Mode of tran	nsportation		Arranges public trai Travels or Travel lim	own travel via t nsport n public transpo	public transport or d axi, but does not oth rt when accompanied utomobile with assist	erwise use	Not applicable
G24g	Responsibilit	ty for own medications		correct tir Takes res separate	me ponsibility if me dosage	medication in correct dication is prepared i ing own medication	_	☐ Not applicable
G24h	Ability to ha	ndle finances		track of ir Manages major pur	ncome	s independently, collectors held		Not applicable
G25	Brief Fatigue	e Inventory (BFI)						
G25	when we fee	our lives, most of us hel very tired or fatigued It unusually tired or fa	d.	Yes No				☐ Not applicable
G26	EuroQol 5D Ask the part	(EQ-5D) cicipant: "Please indica	te which of the fo	ollowing state	ements hest des	scribes vour own hea	Ith state today"	
G26a	Mobility			1 - I have 2 - I have 3 - I have 4 - I have	no problems ir slight problems moderate prob	n walking about s in walking about olems in walking abou ns in walking about	,	Not applicable
G26b	Self care			1 - I have 2 - I have 3 - I have 4 - I have 5 - I am u	Not applicable			
G26c	Usual activities (e.g. work, study, housework, family, leisure)			1 - I have 2 - I have 3 - I have 4 - I have 5 - I am u	Not applicable			
G26d	Pain/Discomfort			1 - I have 2 - I have 3 - I have 4 - I have 5 - I have	☐ Not applicable			
G26e	Anxiety/Dep	pression		2 - I am s	not anxious or d slightly anxious moderately anxi			Not applicable
(	Centre number	С	Study number		Sex		Investigator	
Dat	te of collection	d /m /y	Initials		Date of birth	d /m /y	Signature	

R4VaD			Wee	k 6 follow-up	v1.6 (26 Oct 202	0)		Page	of
					everely anxious extremely anxion				
	best state yo	ole say how good or ba ou can imagine is marl this scale how good or	ked by 100 and t	he worst you	can imagine is	marked by 0			
G26f		health state points sco able=100 / Worst imag							Not applicable
		Asses	sment can sto	p here if p	articipant un	willing to c	ontinue		
G27	Say to the p There are no	ational Statistics Person articipant: "Now I wou o right or wrong answe e 0 is 'not at all' and 10	ıld like to ask yo ers. For each of t	u four questio hese question					
G27a	nowadays?  Overall, to w	visatisfied are you with what extent do you fee our life are worthwhile?	I the things	0 - Not at  1  2  3  4  5  6  7  8  9  10 - Com  1  2  3  4  5  6  7  8  9  7  8  9  9  10 - Not at  1  2  3  4  5  6  7  8  9  9	pletely				Not applicable  Not applicable
G27c	Overall, how	n happy did you feel ye	esterday?	10 - Com	all				Not applicable
G27d	Overall, how	anxious did you feel y	yesterday?	0 - Not at 1 2 3 4 5 6 7 8 9	all				☐ Not applicable
	Centre number		Study number Initials		Sex Date of birth	d /m /y		Investigator Signature	
		, ,,		L		, / 1			

R4VaD Week 6 follow-up v1.6 (26 Oct 2020) Page of							of	
	10 - Completely							
G28	Boston Naming Test Say to the participant: "Now I am going to show some pictures and I want you to say the name of each picture." For each picture, ask: "What is the name of this object?" or "Can you name this?" Score 1 for each correct answer. Maximum exposure per picture is 10 seconds.							
G28a	Tree			0 - Incorr 1 - Correc	Not applicable			
G28b	Bed		I	0 - Incorr	Not applicable			
G28c	Whistle			0 - Incorr	Not applicable			
G28d	Flower			0 - Incorr				Not applicable
G28e	House			0 - Incorr				Not applicable
G28f	Canoe			0 - Incorr				Not applicable
G28g	Tooth Brush			0 - Incorr				Not applicable
G28h	Volcano			0 - Incorr				Not applicable
G28i	Mask			0 - Incorr		Not applicable		
G28j	Camel			0 - Incorr	Not applicable			
G28k	Harmonica			0 - Incorr	Not applicable			
G28I	Tongs			0 - Incorr	Not applicable			
G28m	Hammock			0 - Incorr 1 - Correc				Not applicable
G28n	Funnel			0 - Incorr	Not applicable			
G280	Dominoes 0 - Incorrect 1 - Correct					Not applicable		
G29	Verbal fluency. Say to the participant, "Tell me as many words as you can think of that begin with a certain letter of the alphabet that I will tell you in a moment. You can say any kind of word you want, except for proper nouns (like Bob or Boston), numbers, or words that begin with the same sound but have a different suffix, for example, love, lover, loving. I will tell you to stop after one minute. Are you ready? Now tell me as many words as you can think of that begin with the letter A."  Record the number of distinct words the participant says.							
G29a	Verbal fluency						Not applicable	
G30	Verbal fluency. Say to the participant, "Tell me as many words as you can think of that begin with a certain letter of the alphabet that I will tell you in a moment. You can say any kind of word you want, except for proper nouns (like Bob or Boston), numbers, or words that begin with the same sound but have a different suffix, for example, love, lover, loving. I will tell you to stop after one minute. Are you ready? Now tell me as many words as you can think of that begin with the letter S."  Record the number of distinct words the participant says.							
G30a	Verbal fluen	су						Not applicable
					Investigator Signature			
Dat	c or conection	d /m /y	Initials	L	Date of birth	d /m /y	Signature	

R4VaD			Wee	k 6 follow-up v	1.6 (26 Oct 202	.0)	Page	of	
G31	Verbal fluency. Say to the participant, "I'd like you to name as many animals as possible — any kind of animal. You have one minute. Ready?."  Record the number of distinct animals the participant says.								
G3:	a The number	The number of valid/distinct animals							
G32	If you have stopped the assessment before the end, or skipped questions, please indicate why  Participant has dementia or cognitive problems  Participant has visual impairmant  Participant unable to write  Participant has dysphasia  Participant struggled to concentrate  Visit/session was interrupted  Researcher time constraints  Participant was discharged prior to completion  Other (please specify)						☐ Not applicable		
G32	b If 'other', pl	ease specify						Not applicable	
Sec	ion H: Substudies								
	If your centre is not participating in the substudy, please select 'not applicable'.								
Н1	Blood tube for genetics Yes No							Not applicable	
H2	Blood tubes (2:	lood tubes (2x) for inflammation and omics Yes No						Not applicable	
НЗ	Neuroimaging l	leuroimaging MR						Not applicable	
H4	Sphygmocor (v	phygmocor (vascular compliance)  Yes  No						Not applicable	
Н5	Ambulatory blo	nbulatory blood pressure monitoring Yes No							
Ple	ase check vour	entries thoroughly							
Д	Please check your entries thoroughly  Are any values missing due to tests not done (or measures not Yes No								
	taken), or because data is unknown and every effort has been made to find the data – i.e. "Not done" / "Not known"?								
C	Comments								
If any values are missing, please provide a <u>full explanation</u>									
	Centre number	С	Study number		Sex		Investigator		
	Date of collection	d /m /y	Initials		Date of birth	d /m /y	Signature		